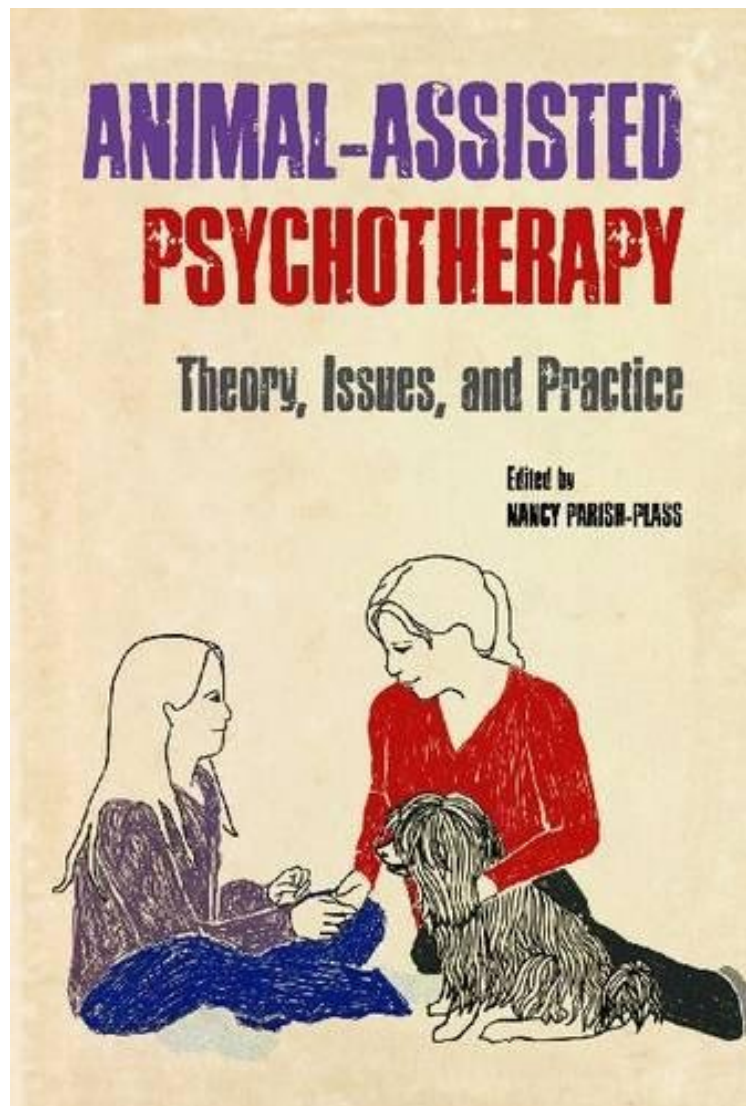


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Animal-Assisted Psychotherapy: Theory, Issues, and Practice (New Directions in the Human-Animal Bond)

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From Purdue University Press : Animal-Assisted Psychotherapy: Theory, Issues, and Practice (New Directions in the Human-Animal Bond) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Animal-Assisted Psychotherapy: Theory, Issues, and Practice (New Directions in the Human-Animal Bond):

0 of 0 people found the following review helpful. Good Book for AAP Practitioners By Leslie M. For me, as an

EFP/AAP practitioner, the book offers a comprehensive overview of the highs and lows of working with clients alongside animals. Authors hit on important topics and pose questions that therapists need to be asking themselves if they are going to pursue this line of treatment. It is important that the book as a whole seems to integrate the "warm and fuzzy" alongside the very real contraindications and ethical matters associated with bringing animals into a therapy session with clients having all manners of mental health issues. I did not read the table of contents particularly well before purchasing the book, but if I had, it may have not been my first choice for students. While I find the chapters engaging and mostly agree with what is presented, both bachelor and master-level students struggle somewhat with the headiness of the writing. Maybe it is that here in the States we do not focus enough on the psychodynamic and object relations orientations as much as this form of therapy demands! And so I find myself with perplexed students who need to read even more (remedial). I am a fan of Parish-Plass' work and look forward to class being over and having the chance to devour this deep and thought-provoking book. 0 of 0 people found the following review helpful. Yes! By grrrLove this book- the author is so insightful and descriptive while providing a multitude of case examples. As a clinical therapist and animal rights advocate, this book offers a glimpse into the effective practice of AAT and would be beneficial to anyone wanting to get into the field professionally. Not only does it delve into psychological issues brought to the surface through transference and projection, but it allows the clinician to teach empathy in the process. I highly recommend this book, as it serves as an effective guide in a somewhat uncharted territory/field of practice. 2 of 2 people found the following review helpful. The best comprehensive book I've found. By Kelly This is the first book I've found that takes an in-depth look at the animal's role in a therapeutic relationship. Each chapter is an interesting, well thought out, and informational. Definitely worth the buy!

The integration of animals into the therapy setting by psychotherapists has been a growing trend. Psychological problems treated include emotional and behavioral problems, attachment issues, trauma, and developmental disorders. An influential 1970s survey suggests that over 20 percent of therapists in the psychotherapy division of the American Psychological Association incorporated animals into their treatment in some fashion. Anecdotal evidence suggests that the number is much higher today. Since Yeshiva University psychologist Boris Levinson popularized the involvement of animals in psychotherapy in the 1960s, Israel has come to be perhaps the most advanced country in the world in the area of animal-assisted psychotherapy (AAP). This is true especially in the areas of academic training programs, theory-building, and clinical practice. Great effort has been put into understanding the mechanisms behind AAP, as well as into developing ethical guidelines that take into account the therapists responsibility toward both client and animal. This book exposes the world to the theory and practice of AAP as conceived and used in Israel. It emphasizes evidence-based and clinically sound applications with psychotherapeutic goals, as differentiated from other animal-assisted interventions, such as AAE (animal-assisted education) and AAA (animal-assisted activities), which may have education or skills-oriented goals. Not just anyone with a dog can call him-or herself an animal-assisted therapist. This volume demonstrates not only the promise of animal-assisted psychotherapeutic approaches, but also some of the challenges the field still needs to overcome to gain widespread legitimacy.

This comprehensive volume stands as the state-of-the-art guide to Animal-Assisted Psychotherapy. Mental health professionals practicing Animal-Assisted Psychotherapy will repeatedly turn to this well-organized work for guidance and will find solid bridges linking between theoretical reasoning, empirical research, and psychotherapeutic practice. This volume is grounded in cutting-edge research and Parish-Plass has brought together the leading experts in the field of Animal-Assisted Psychotherapy.