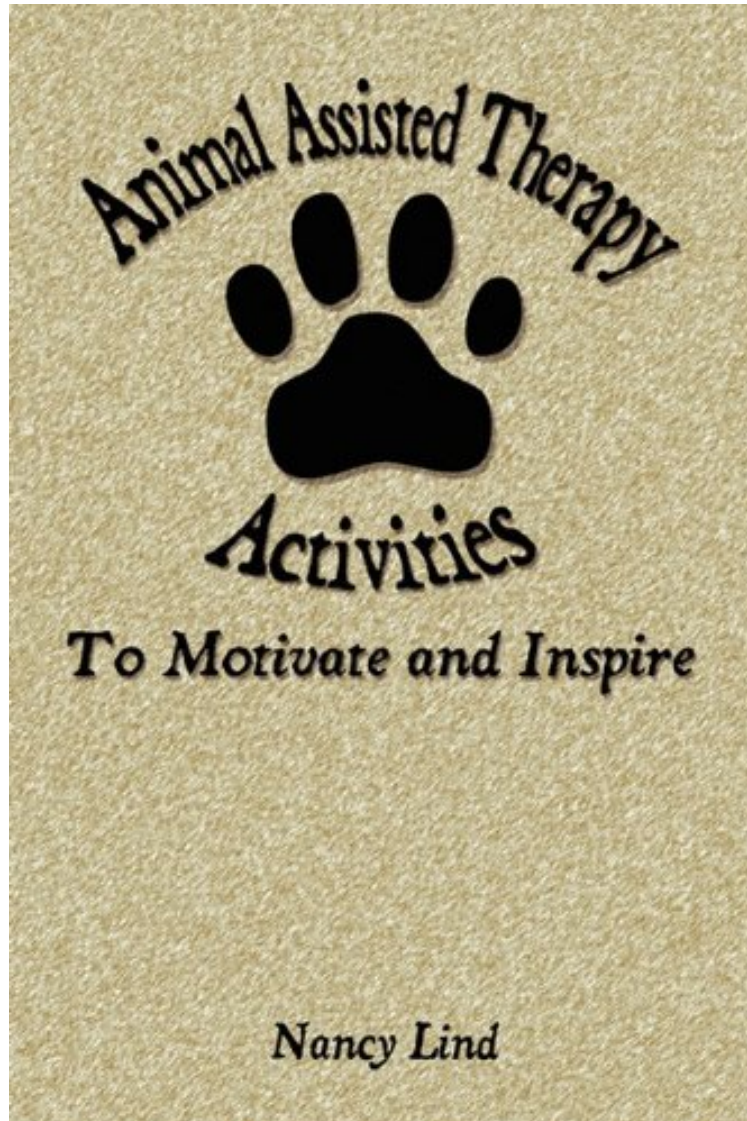


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## Animal Assisted Therapy Activities to Motivate and Inspire

*Nancy Lind*

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**Nancy Lind : Animal Assisted Therapy Activities to Motivate and Inspire** before purchasing it in order to gage whether or not it would be worth my time, and all praised Animal Assisted Therapy Activities to Motivate and Inspire:

1 of 1 people found the following review helpful. Informative and an easy read.By Patricia RusinI have a rescue dog that just passed his Therapy Dog International certification test and am looking forward to putting into practive the activities from this book. Happy that I purchased!3 of 3 people found the following review helpful. Animal Activities

to Motivate and InspireBy Jeanne A. SchoechExcellent for those doing therapy dog endeavors which incorporate activities with specific goals as well as just plain a wealth of ideas for fun with dogs.15 of 16 people found the following review helpful. DisappointingBy Sarah EdwardsI found this book very disappointing. As a psychotherapist I was hoping to find activities I could use with my therapy dog in sessions with my clients that would address their particular psychological issues. This book is more for people who are working with the disabled or elderly in hospitals or clinics, etc. It is virtually of no value to me in the CBT and psychodynamic work I do. I would love to find a book that does address to the use of therapy dogs in a private in-office psychotherapy setting.

Animal Assisted Therapy Activities to Motivate and Inspire is an excellent resource for pet therapy teams, educators, and therapists. Professionals will benefit from the clearly outlined instructions with educational and clinical application suggestions from Nancy Lind, a pioneer in the area of Pet Therapy. The goal-directed cross-referenced charts in the appendix provide practitioners with the perfect framework for matching a participant's goals to a specific pet-activated task. This book eliminates the need to reinvent activities for each setting, and challenges professionals to improvise. Core activities, combined with the special attributes of the pet and human team members, create the perfect context for participants with physical, social and educational challenges to enhance skills and experience success. For pet therapy volunteer teams, it encourages thinking about each activity and developing it for each unique situation. The book gently reminds us that we need to learn from each other and need to allow our dogs to naturally interact with each participant to achieve their own individual success.