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B. J Palmer

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B. J Palmer : As a man thinketh before purchasing it in order to gage whether or not it would be worth my time, and all praised As a man thinketh:

65 of 67 people found the following review helpful. Absolutely Blew My MindBy Josh PersonThis book was a complete life change for me. My entire life I have always been moody, emotionally unstable, tossed to and fro by my thoughts, bubbling with enthusiasm one moment and then sulking in a stupor the next. My last relationship was destroyed by such a mindset. Although I had ideas of what had gone wrong, this book eloquently expounded on ideas that I had vague thoughts of, but was unable to put into words. The first time I was able to put the knowledge I learned from this book into practice was a emotionally explosive moment as I realized that I finally was able to control my thoughts and take a hold of my mind. Would highly recommend this book to any and all.1 of 1 people found the following review helpful. The Power of the MindBy Ammonalma321I began a study of virtue recently and I was drawn to this book. This book has many solid truths founded on principles of faith, humility, and desire.I appreciate the contrast between virtue and vice. It clearly teaches that every good characteristic will produce good, that, though often mistaken, it was a vice or a weakness that caused one to fall.One other principle was that of purpose + thought. When combined, your greatest capacities can come to life. In this constant creative state, I believe that living could be a constant euphoria.All in all, the paramount principle is that one can harness his mind through thought and completely change his destiny. That which a man places at the core of his mind will come to fruition whether it be good or bad. Oh, let it be good!This book is a quick read and may be well worth it.... could change your destiny.3 of 3 people found the following review helpful. Timeless common sense.By Donald A ChambersSimple elegant message. Book is short and written in a style that appears a little archaic but the message is simple logic that needs to be taught at the earliest

age. Our professional teachers need to teach this basic message in our schools. The earlier grades the better. Our leaders need to confirm this message every day and stop enabling the self victimization of our young people. What we allow into our minds does drive our attitudes and conduct and it is the basis for the results of our activities. Be honest to yourself!

Excellent book