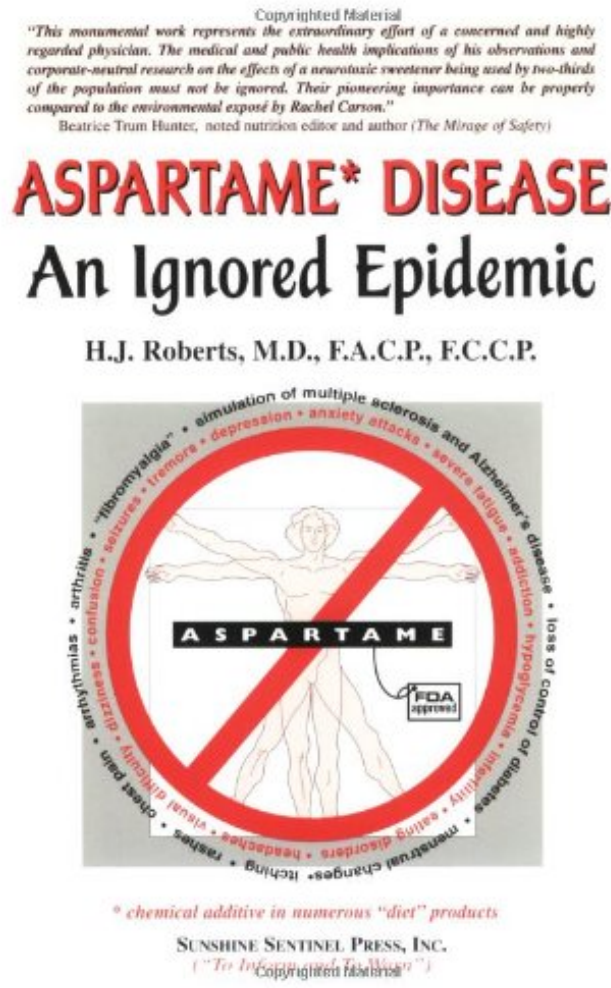


# Aspartame Disease: An Ignored Epidemic

H. J. Roberts

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**H. J. Roberts : Aspartame Disease: An Ignored Epidemic** before purchasing it in order to gage whether or not it would be worth my time, and all praised Aspartame Disease: An Ignored Epidemic:

5 of 11 people found the following review helpful. Great for researching By Gongju As a college student, I used this book as research for a speech I gave on the dangers of aspartame. It has everything you need to know for researching the topic. Somewhat like an aspartame dictionary or encyclopedia. 6 of 17 people found the following review helpful. I hate all aspartame By Herbert Khni suffered from an terrible car accident after 2 aspartame drinks in July 2010, an I am sick for one year, and I lost my car driver licence ... they think I would be an epileptic, but I am not. After those drinks I went very fast in an status of coma, realizing this I slept for one hour in the car. I woke up, disturbed, an not knowing what I wanted to do, and trying to find it out, driving carefully back home, an aspartame cause epileptic event happend. I lost control, the foot cramped and pushed the gas pedal, an I craseh with 110 km/h against a wall, I woked

up in hospital. NEVER ASPARTAME 29 of 35 people found the following review helpful. Very good summation of the Aspartame problem By David Johnson Dr. Roberts does an excellent job of summarizing the neurological and physiological effects of chronic aspartame consumption using observations from his years of medical practice as an internist as well as information obtained from other physicians and from a detailed questionnaire he sent out to a large population group. Aspartame is an artificial sweetener that is widely used in 'diet' soda pop as well as chewing gum, instant iced tea, jello mixes, and other food products. The weakest part of the book is probably where it attempts to identify possible mechanisms for the neurological effects of Aspartame since research is still in the early stages on WHY Aspartame has some of the negative neurological effects that are observed. Understandably, though, Dr. Roberts, feels compelled to attempt to address that question and points to several possibilities including the toxicity of aspartame metabolites such as methanol, the increased neurotoxicity of optical stereoisomers produced during storage at elevated temperatures, phenylalanine vulnerability of the 1 in 50 people who are recessive carriers of the gene for PKU disease, artificial imbalanced consumption of amino acids, interaction with neurotransmitter levels in the body, etc. Some of these are the objects of current research projects but knowledge on pathways and mechanisms is still in the early stage of discovery. Dr. Roberts clinical observations of aspartame-triggered illness are excellent and speak to his experience and skill as a physician. This book is required reading for anyone who is interested in the physical manifestations of aspartame-caused illness.

THE definitive book on complications from the use of "diet" products. It details two decades of extensive corporate-neutral research involving 1200 victims in the author's database.

"An enormous literary feat by a doctor with impressive credentials that should be required reading for every physician." -- Frank Rifkin, Publisher, National Health "This monumental work represents the extraordinary effort of a highly regarded physician." -- Beatrice Trum Hunter, nutrition editor From the Back Cover Aspartame Disease: An Ignored Epidemic is a definitive book on reactions to aspartame, which is currently being used by more than two-thirds of the population in the U.S. as an additive/sweetener. Dr. Roberts is widely regarded as the expert on a host of adverse effects from popular products containing this synthetic chemical because of his many original, clinical observations and extensive research spanning two decades. Physicians, other health professionals, the media, consumer groups, and aspartame "victims" or their relatives have inundated Dr. Roberts with requests for a detailed analysis of this unique experience. They recognize that his dedication has not been restrained by governmental or institutional policies and corporate grants--a remarkable achievement in contemporary medical and biological research. The need for this volume is underscored by the virtual denial of aspartame disease (so named by Dr. Roberts) from the medical profession and the Food and Drug Administration (FDA). It meets the Koch-like criteria for a specific disease. Moreover, it has reached epidemic proportions--probably in the millions. The author presents information on the first 1,200 reactors in his database. It's likely that every physician encounters aspartame disease in practice, especially among patients with illnesses that are undiagnosed or difficult to treat. This applies to ALL fields of medicine and public health. It's apparent from a partial list of reactions: headache, dizziness, depression, convulsions, impaired vision, the aggravation of diabetes mellitus and its complications, hypoglycemia, multiple allergies (including dual sensitivity to MSG), aspartame addiction, chronic fatigue, eating disorders, and pediatric problems. The numerous misdiagnoses include arthritis, lupus, multiple sclerosis, and Alzheimer's disease. About the Author H. J. Roberts, M.D., FACP, FCCP is a renowned clinician, researcher and author. He is Director of the Palm Beach Institute for Medical Research, and a member of prestigious medical and scientific groups.