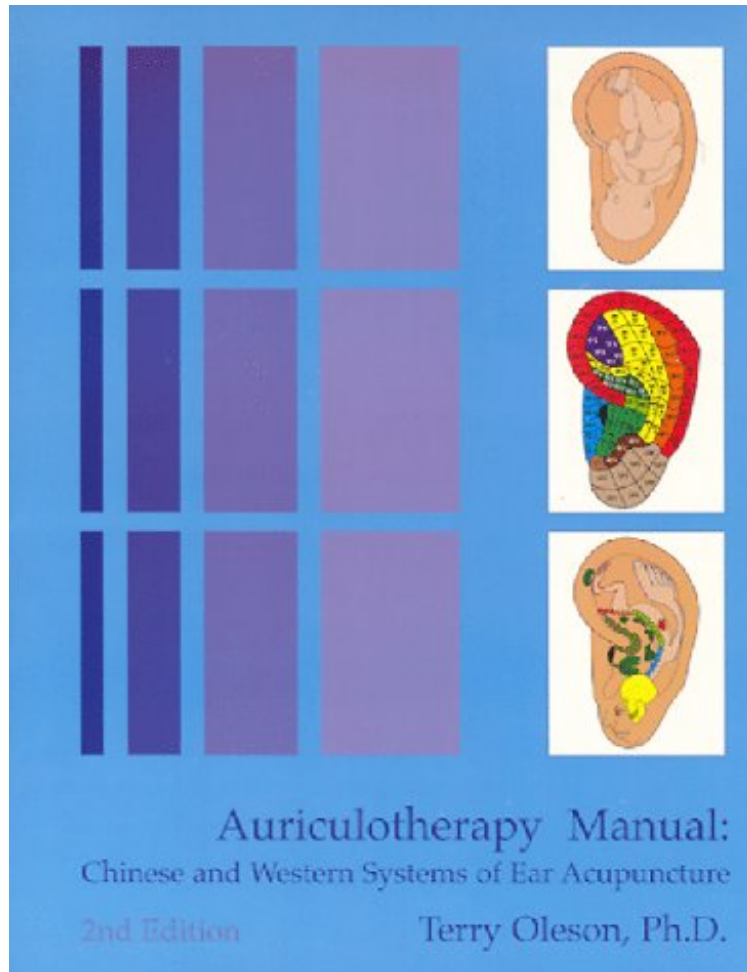


Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture

Terry Oleson

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Terry Oleson : Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture before purchasing it in order to gauge whether or not it would be worth my time, and all praised Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture:

1 of 1 people found the following review helpful. A Must in the Library of Any Acupuncturist By mhh This is a fabulous book. I don't know of any other source for auriculotherapy acupuncture that is so accurate and so detailed. Not only does it provide spot-on locations for ear points, but it teaches the learner how to properly locate points in the ear. It is also FILLED with wonderful point prescriptions that go far and beyond any other source I have ever seen. For my patients who are afraid of body acupuncture, I will sometimes use this book instead. Since ear acupuncture is so directly related to cerebral activity, if a patient presents a symptoms that I know the neurological connection to, I will

often refer to this book to locate the area of the brain that correlates. It's often a pleasant surprise how effectively this works. If I ever lost this book, I'd replace it immediately. 6 of 6 people found the following review helpful. Lend your ears
By SavvyLotus Very interesting and effective kind of therapy. Can be performed at home. For free. I've tried it and it worked. The book is well written and tries to be as clear as possible. Don't let yourself be put off by the complexities of the subject. The thing to do is learn well the anatomy of the ear so you can target the right areas of your body. The results can be very surprising and exhilarating. An example is the disappearance of pain. I did not use needles or electricity, only pressure with a finger, and was able to rid myself of an annoying and painful problem. 1 of 1 people found the following review helpful. A good guide for anyone
By S. Gordon This is a fantastic textbook, with fascinating introductory sections, many useful graphics explaining different acupressure microsystems (not just of the ear), and lots and lots of ear charts related to many different ailments for quick lookup. I'm very glad I own this, know I will be referring to it often.

Health/Alternative Medicine About this book... Both new and experienced practitioners of Auriculotherapy have found this comprehensive manual to be one of the most clinically useful texts on ear acupuncture. This handbook combines the best work of Chinese and French systems of Auriculotherapy. Medical doctors, chiropractors, acupuncturists, physical therapists, reflexologists, dentists, naturopaths, massage therapists and nurses have applied the principles in this manual to successfully relieve chronic pain, suppress appetite and treat addictions. The ear reflex points presented in this handbook are based upon extensive research conducted at the UCLA Pain Management Center. This text provides a standardized auricular nomenclature system for designating different anatomical zones of the ear. Each ear reflex point is represented by both a number and an auricular zone location. Treatment plans are listed for over 250 medical conditions. Our best seller!!!

Janine Norris, University of Westminster, July 2004 "The third edition of this well researched book provides a fascinating insight into the historical development of auriculotherapy. Olesen utilizes his neuroscience background to comprehensively describe the concepts and theories appertaining to the various microsystems within the discipline. Olesen brings together western neurophysiological concepts and oriental energetic concepts, both systems are treated as clinically valid and therapeutically useful. The work will be an invaluable reference source for all practitioners of auriculotherapy." About the Author About the author... Terry Olesen, Ph.D. is an internationally known lecturer in the field of auriculotherapy. Receiving his Ph D in Psychobiology from the University of California at Irvine in 1973, he went on to do pioneering research on auricular diagnosis and auriculotherapy at the UCLA Pain Management Center in Los Angeles. Besides being the author of numerous scientific articles, Dr. Olesen is the Chair of the Department of Psychology and the Division of Behavioral Medicine at the California Graduate Institute. Dr. Olesen also serves on the faculty of Emperors College of Traditional Chinese Medicine and as President of the Center for Oriental Medical Research and Education (COMRE).