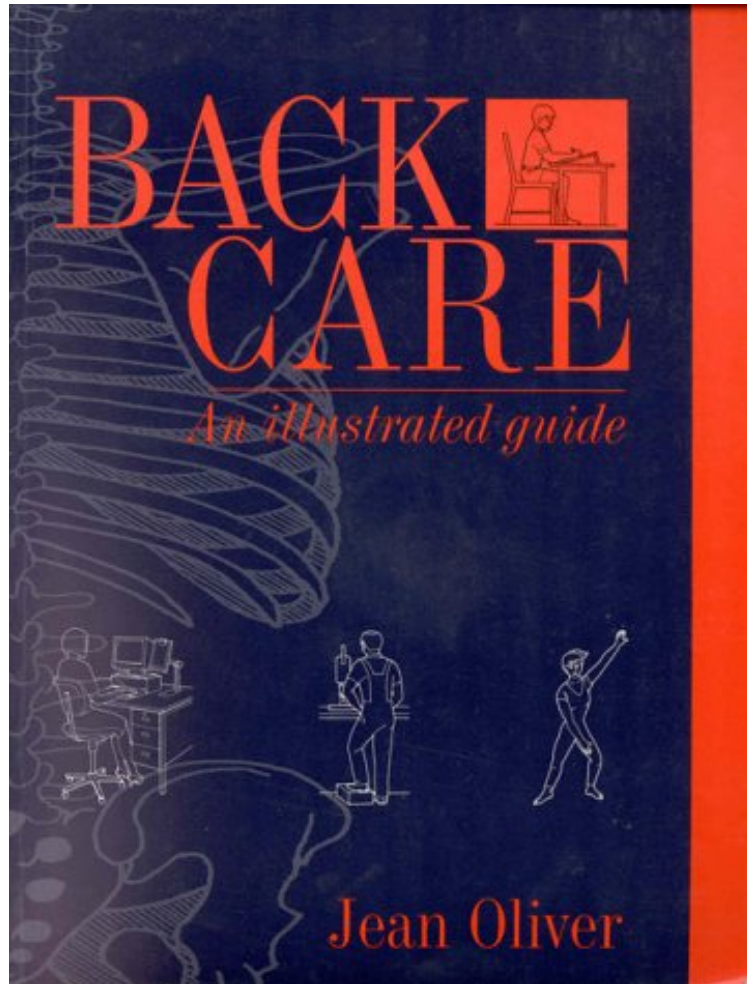



## Back Care: An Illustrated Guide, 3e

Jean Oliver MCSP SRP

ePub | \*DOC | audiobook | ebooks | Download PDF



 Download

 Read Online

#9388463 in Books Butterworth-Heinemann 1994-03-09 Original language: English PDF # 1 9.69 x .38 x 7.44l, .72 #File Name: 0750601914176 pages | File size: 50.Mb

**Jean Oliver MCSP SRP : Back Care: An Illustrated Guide, 3e** before purchasing it in order to gage whether or not it would be worth my time, and all praised Back Care: An Illustrated Guide, 3e:

This manual has been especially prepared for the physiotherapist, chiropractor or osteopath, to use to explain to the patient the fundamentals of good back care. \* A page of text faces a page of large clear quality diagrams. \* Brimming with soundpractical advice, the text page contains information, references and memory joggers for the practitioner. \* The illustrations can be shown to the patient to help them visualize what is wrong with their back or neck. Practical diagrams will illustratea wealth of information on posture in lying, sitting, standing and lifting. Exercises are clearly presented and there are helpful tips on care of the back during pregnancy and for children and teenagers.\* A page of text faces a page of large clear quality diagrams. \* Brimming with sound practical advice, the text page contains

information, references and memory joggers for the practitioner. \* The illustrations can be shown to the patient to help them visualize what is wrong with their back or neck.

"This text will become an essential manual for all back care practitioners involved in back schools or advising and treating patients with back and neck problems. Jnl of the Association of Chartered Physiotherapists in Women's Health, February 1995 Jnl of Association of Chartered Physios, February 1995 Jnl of the Association of Chartered Physiotherapists in Women's Health, February 1995 Jnl of Association of Chartered Physios, February 1995 Overall the book is well suited to its purpose, and offers clinicians a readable, well illustrated manual for everyday use with patients. It would therefore be a valuable addition to physiotherapy departments and I would especially recommend it to physiotherapists new to the speciality of spinal disfunction." Physiotherapy, September 1995 About the Author Jean Oliver, MCSP SRP, Director, Back Care Education Programme, Cambridge, UK