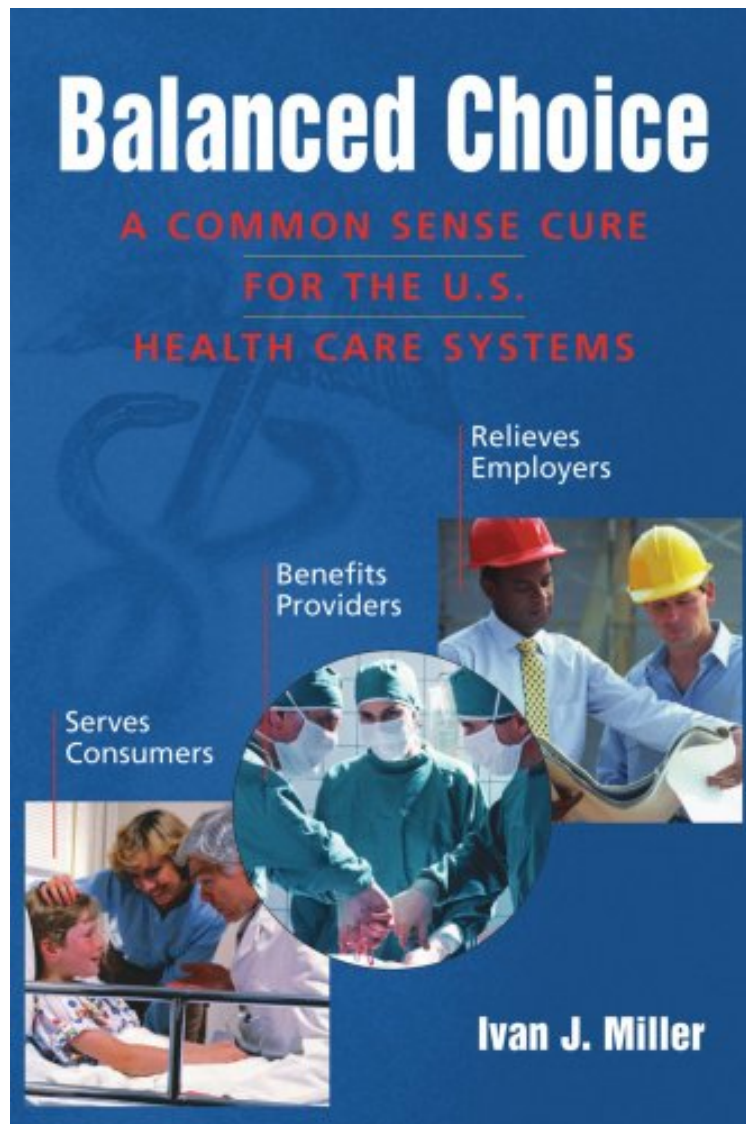


# **Balanced Choice: A Common Sense Cure for the U.S. Health Care Systems**

*Ivan Miller*

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**Ivan Miller : *Balanced Choice: A Common Sense Cure for the U.S. Health Care Systems*** before purchasing it in order to gage whether or not it would be worth my time, and all praised *Balanced Choice: A Common Sense Cure for the U.S. Health Care Systems*:

2 of 2 people found the following review helpful. *Balanced Choice* from a patient's standpointBy Scott A. Thorburn*Balanced Choice* takes on our ailing healthcare institutions with a careful, organizedanalysis and proposes a

comprehensive, thoughtful solution. Dr. Ivan Miller accomplishes this complex task in a concise, readable 173 pages. Miller writes from a psychologist's perspective but beyond that and between the lines he is intent on slaying the dragon and fixing what's wrong. After many lifelong frustrations of dealing with insurance companies/health professionals that seem to say "No, can't do that" too much, the book took me from skepticism on a journey of what works and what doesn't work in our country and others to a sensible, workable solution. Change is needed and it will definitely happen. If we could, today, switch out our present dysfunctional system and replace it with "Balanced Choice" we would, all of us, consumers and providers, be much better off. A must-read for anyone who has even occasional need of healthcare. 1 of 1 people found the following review helpful. **THIS IS THE HEALTH CARE SYSTEM WE NEED!** By John Rifkin I have worked for years now with Ivan Miller, Ph.D., an exceptionally insightful psychologist, on the need for having a healthcare system in this country, instead of the hodge podge of holes and gaps we currently use. Most people see a single payer healthcare system as socialized medicine, and, indeed, some of them are. However, Ivan has carefully worked out a design for a system that interfaces single payer with the marketplace, so that it isn't simply a "one size fits all" system that so many people don't want. Balanced Choice optimizes having a safety net system in place to take care of all of our citizens while still rewarding excellence and allowing for higher care systems. It truly is the common sense approach to solving the health care crisis in this county! You won't be sorry that you've read it and will recommend it to others! Everyone needs to read this and make sure that their elected officials do as well. 2 of 2 people found the following review helpful. **Fresh Air for American Healthcare Professionals, Employers, Public** By Keith E. Cook The Balanced Choice Healthcare model is a real breath of fresh air after years of the dankness of our broken system of industrialized HMO's and other versions of managed care. This book is hopeful. It is creative. It is visionary. It places people ahead of corporate profits. Balanced Choice clearly discusses the assets and liabilities of the variety of available healthcare models. I found this part alone to be highly instructive. It then goes on to describe how this new national model uses both market forces and a national regulatory board (not unlike the Federal Reserve) to save massive administrative costs, promote improved services for patients, allow professionals the freedom to practice, and reduce costs to a stable, predictable level for employers. The public, healthcare professionals and employers should all be very interested in this book and the model it describes.

Can the ailing health care system be cured? Yes, but only with new ideas. Health care reform is stuck because there has not been an acceptable reform proposal. Providing insurance coverage to more people only increases the total cost of health care, and with insurance, costs are controlled by undesirable increases in the use of managed care. Single payer proposals involve unacceptable government price controls. Balanced Choice has the new ideas needed to fix the health care system. It provides the same universal coverage as a single payer system does, but it does not have government price controls. Overall, it costs less than is currently spent on health care in the U.S. Because it benefits consumers, providers, and employers, the resulting political alliance could be powerful enough to change the U. S. health care systems. This book begins curing the system by explaining how Balanced Choice works and what needs to be done. To learn more about Balanced Choice or to download the first chapter of *Balanced Choice: A Common Sense Cure for the U.S. Health Care Systems*, visit [www.BalancedChoiceHealthCare.org](http://www.BalancedChoiceHealthCare.org).

About the Author Ivan J. Miller, Ph.D. has passionately worked for health care reform since 1994. He is a health care provider; has directed two nonprofit health care advocacy organizations; is an active consumer advocate in the political, educational and bureaucratic arenas of health care systems; and he speaks nationally on these topics. Dr. Miller has written 35 articles and two books. By analyzing health care financing from the perspectives of economics, a consumer advocate, and a provider advocate, he has developed a model, Balanced Choice, that puts common sense back in health care financing. More information about Dr. Miller's background as a health care reformer, advocate for psychology, and consumer advocate is available at the web site [www.IvanJMiller.com](http://www.IvanJMiller.com).