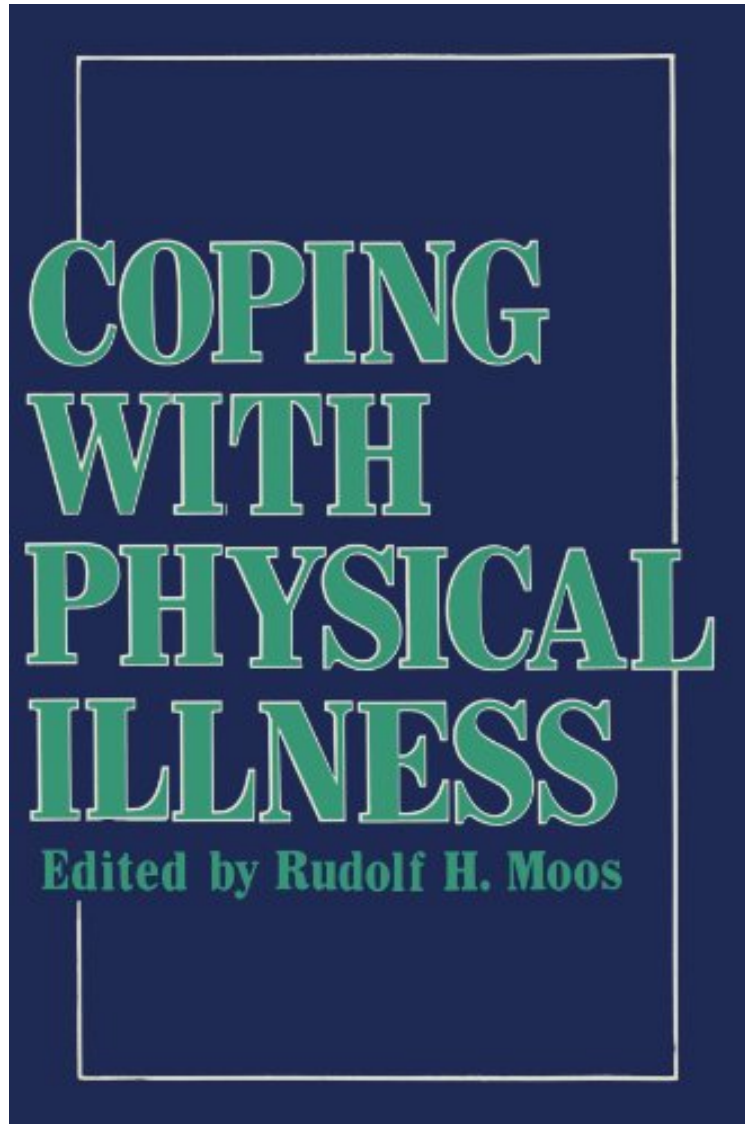


(Free pdf) Coping with Physical Illness

## Coping with Physical Illness

*Rudolf H. Moos*

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2012-01-31 1977-01-01Original language:EnglishPDF # 1 9.02 x 1.03 x 5.98l, 1.33 #File Name:  
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**Rudolf H. Moos : Coping with Physical Illness** before purchasing it in order to gage whether or not it would be worth my time, and all praised Coping with Physical Illness:

This book discusses how human beings cope with serious physical ill ness and injury. A conceptual model for understanding the process of coping with the crisis of illness is provided, and basic adaptive tasks and types of coping skills are identified. The major portion of the book is organized around various types of physical illness. These

physical illnesses, which almost all people face either in themselves or their family members, raise common relevant coping issues. The last few sections cover "the crisis of treatment," emphasizing the importance of unusual hospital environments and radical new medical treatments, of stresses on professional staff, and of issues related to death and the fear of dying. The material highlights the fact that people can successfully cope with life crises such as major illness and injury, rather than the fact that severe symptoms and/or breakdowns sometimes occur. The importance of support from professional care-givers, such as physicians, nurses, and social workers, and from family, friends, and other sources of help in the community, is emphasized. Many of the selections include case examples which serve to illustrate the material. Coping with Physical Illness has been broadly conceived to meet the needs of a diverse audience. There is substantial information about how human beings cope with illness and physical disability, but this material has never been collected in one place.