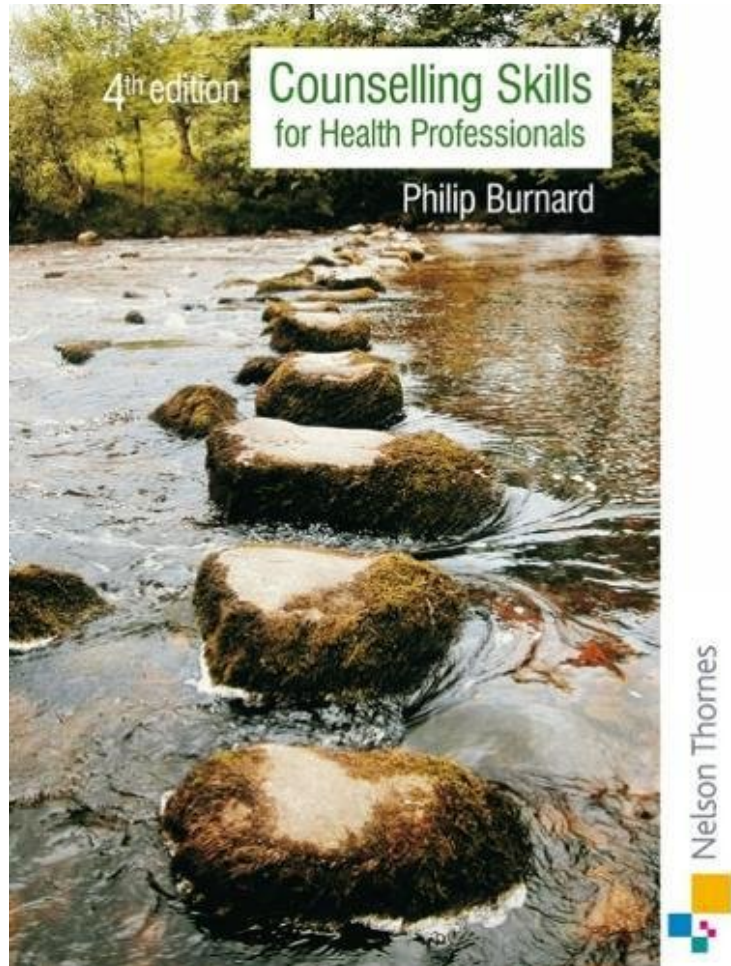


(Download pdf) Counselling Skills For Health Professionals: Fourth Edition

## Counselling Skills For Health Professionals: Fourth Edition

*Phillip Burnard*

*audiobook / \*ebooks / Download PDF / ePub / DOC*



[Download](#)

[Read Online](#)

#3795999 in Books Nelson Thornes Ltd 2005-07-01 Original language: English PDF # 1 9.25 x 7.00 x .501, 1.19 #File Name: 0748793844275 pages | File size: 46.Mb

**Phillip Burnard : Counselling Skills For Health Professionals: Fourth Edition** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Counselling Skills For Health Professionals: Fourth Edition:

This book explores a range of theoretical issues relating to the nature of counselling, self-awareness, and maps of the counselling process. Additionally, the book considers specific counselling skills and goes on to discuss in detail the ways in which counselling skills can be learned. This fourth edition includes new material on subjects such as anger, aggression, personal safety and cognitive behavioral therapy. Also included is the British Association of Counselling Codes of Ethics and Practice.

"Acknowledgements Introduction 1. What Is counselling? 2. Psychological Approaches To Counselling 3. Counselling And Self Awareness 4. Culture And Communication 5. Basics Principles And Considerations 6. Maps Of The Counselling Relationship 7. Counselling Skills 1: Listening And Applying 8. Counselling Skills 2: Client-Cantered Skills 9. Counselling Skills 3: Helping With Feelings 10. 10. Information Giving And Counselling In Specific Health care Contexts 11. Problems And Support In Counselling 12. :Learning Counselling Skills 13. Counselling Skills Exercises 14. Extract From A Counselling Conversation 15. Conclusion Appendix References Index "