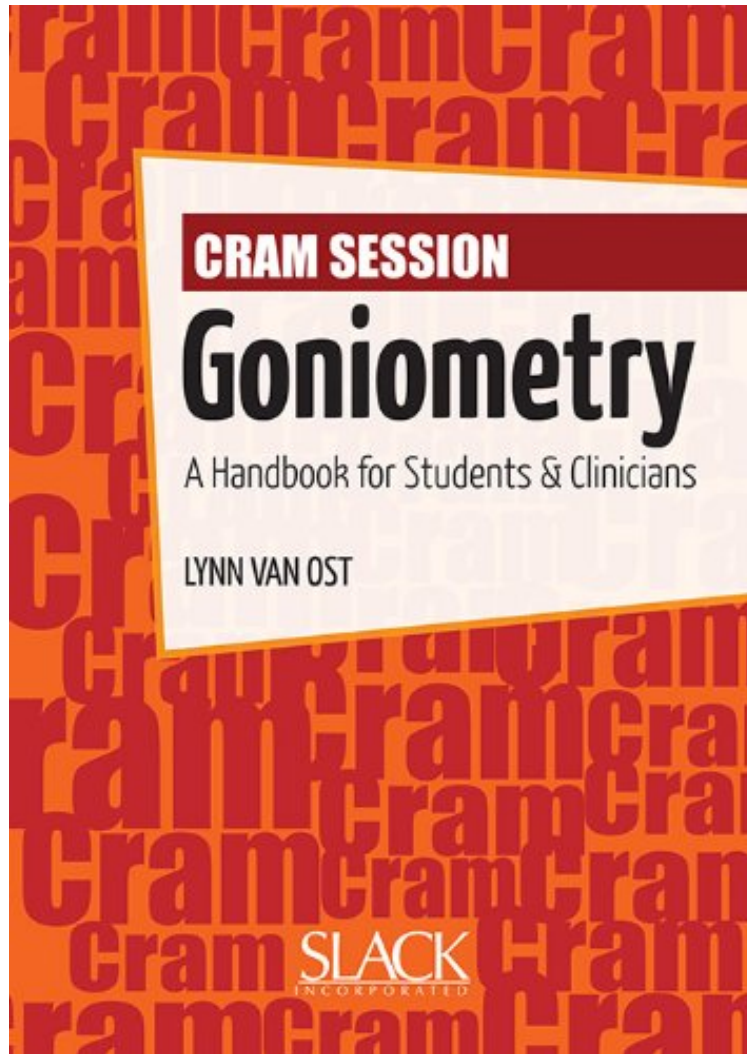


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# Cram Session in Goniometry: A Handbook for Students and Clinicians

*Lynn Van Ost RN PT ATC MEd*

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**Lynn Van Ost RN PT ATC MEd : Cram Session in Goniometry: A Handbook for Students and Clinicians**  
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When all you need is a basic understanding of goniometry. When concise and illustrative examples of goniometric techniques will provide exactly what the rehabilitation professional needs. Look to *Cram Session in Goniometry: A Handbook for Students and Clinicians* for quick and at your fingertips facts. *Cram Session in Goniometry* by Lynn Van Ost is a concise and abundantly illustrated quick reference which provides the rehabilitation professional with a very basic approach to various goniometric techniques. Organized in a head to toe format, *Cram Session in Goniometry* takes user-friendly and efficient learning to a new level. What is in your *Cram Session*: Photographs depicting each goniometric measurement Breakdown of each body region covered Each type of joint, capsular pattern, average range of motion, patient positioning, goniometric alignment, patient substitutions, and alternative methods of measurement Over 190 photographs *Cram Session in Goniometry: A Handbook for Students and Clinicians* is an informative, well-organized handbook for all students and clinicians in physical therapy, occupational therapy, athletic training and orthopedics.

About the Author Lynn Van Ost, MEd, RN, PT, ATC, graduated in 1982 with a bachelors degree in nursing from West Chester State College, West Chester, PA; NATABOC certified in athletic training in 1984; graduated in 1987 from Temple University, Philadelphia, PA, with a masters degree in sports medicine/athletic training; and received a second bachelors degree in physical therapy in 1988 from Temple. In addition to treating the general orthopedic population as a physical therapist, she has worked with both amateur and professional athletes and has more than 11 years experience as an athletic trainer working with Olympic-level elite athletes at numerous international events, including the 1992 and 1996 Summer Olympic games. She currently works as a clinical specialist in sports medicine at Hunterdon Medical Center in Flemington, NJ.