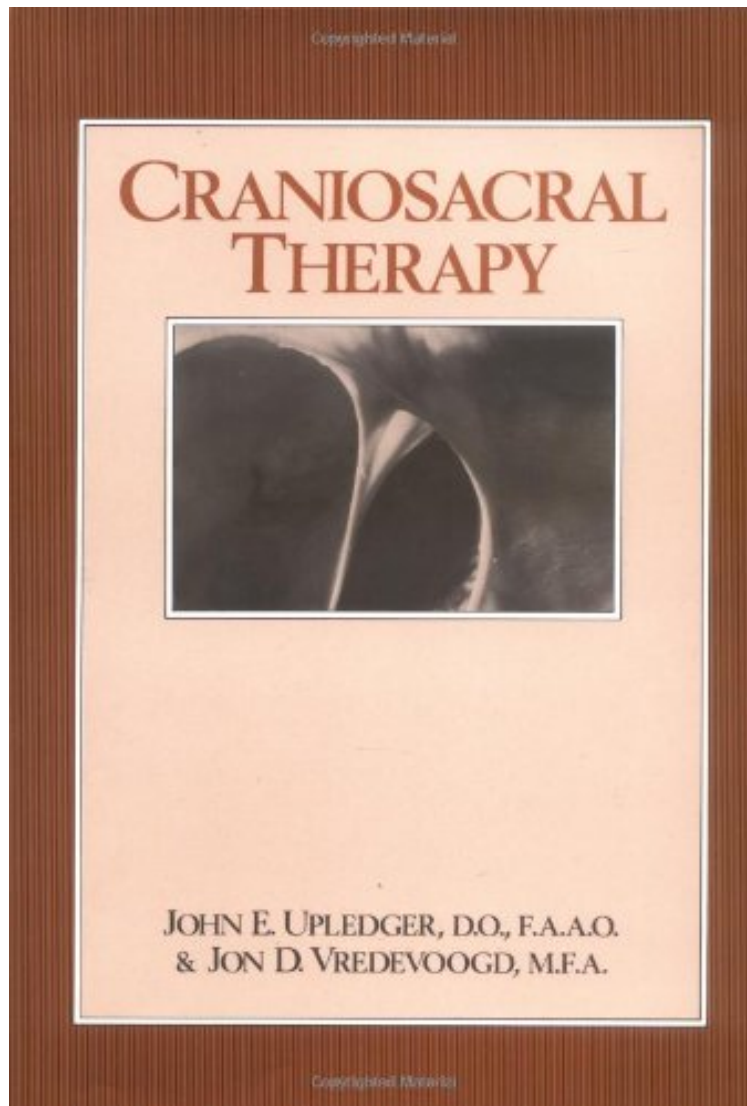


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## Craniosacral Therapy

*John E Upledger*

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About the Author  
John E. Upledger, D.O., O.M.M. is President of The Upledger Institute in Palm Beach Gardens, Florida, an educational and clinical resource center founded by Dr. Upledger in 1985. Courses offered through the Institute teach noninvasive therapies to physicians and healthcare practitioners of all disciplines. Dr. Upledger was formerly a professor in the Department of Biomechanics, College of Osteopathic Medicine at Michigan State University. He has been in the forefront of basic science and clinical research in the field of craniosacral therapy. Books by Dr. Upledger include Craniosacral Therapy, Craniosacral Therapy II: Beyond the Dura, SomatoEmotional Release and Beyond, Your Inner Physician and You, and A Brain is Born. Jon D. Vredevoogd, M.F.A. is an assistant professor in the Department of Human Ecology at Michigan State University. His special interest lies in the area of basic design of natural structures. Mr. Vredevoogd has collaborated with John Upledger in publishing articles in the field of craniosacral therapy, and has also contributed articles to Design and Environment and Modern Metals.