

Creative Visualization

Shakti Gawain

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Shakti Gawain : Creative Visualization before purchasing it in order to gauge whether or not it would be worth my time, and all praised Creative Visualization:

4 of 4 people found the following review helpful. Imagination Building BookBy Stella CarrierCreative Visualization: Use The Power Of Your Imagination To Create What You Want In Life by Shakti Gawain contains multiple and inventive channels for creating and implementing goals. How to visualize, challenges associated with visualization, four basic steps for effective visualization, contacting your higher self, and setting goals are among the various areas covered in the book. There is also an accompanying cd to go along with the book and it currently comes separate from the book, but there is also The Creative Visualization Workbook by Shakti Gawain that is publicly available for purchase.1 of 1 people found the following review helpful. Best book on visualizationBy SageThis book has been written in the best understood format and easy to follow language. I have been through a third of this book and yet this book has already covered all that I know of visualization from numerous sources . The content is very rich in explaining this skill , gives a step by step guide on how to practice it and the best part is it tells you which all spheres of our life could benefit from mere imagination ! This book is ideal for a beginner as well as someone who has previously learnt the value and practice of visualization skills . I have had success with visualization before and I was hoping to use my skill to the best possible level. This book has already given me insights on what could be possibly hindering my manifestations , I am sure I can find them easily now and work on them. I am very keen on reading ahead and do not wish to keep it down. Thanks to the author for this wonderful book!!3 of 3 people found the following review helpful. Great book, got this edition to replace my lost copyBy JenniferI used to have an older

edition of this book, but it appears to have gotten lost. This used version was a steal. I am on chapter 4 so far, I have read this great work previously and got a lot of mileage out of it. I think it will give me hope that I can turn my life around for the better. As a right-brained individual, this is the kind of learning that comes naturally to me. Definitely get this if you are metaphysically minded.

Spirituality, Self-Help