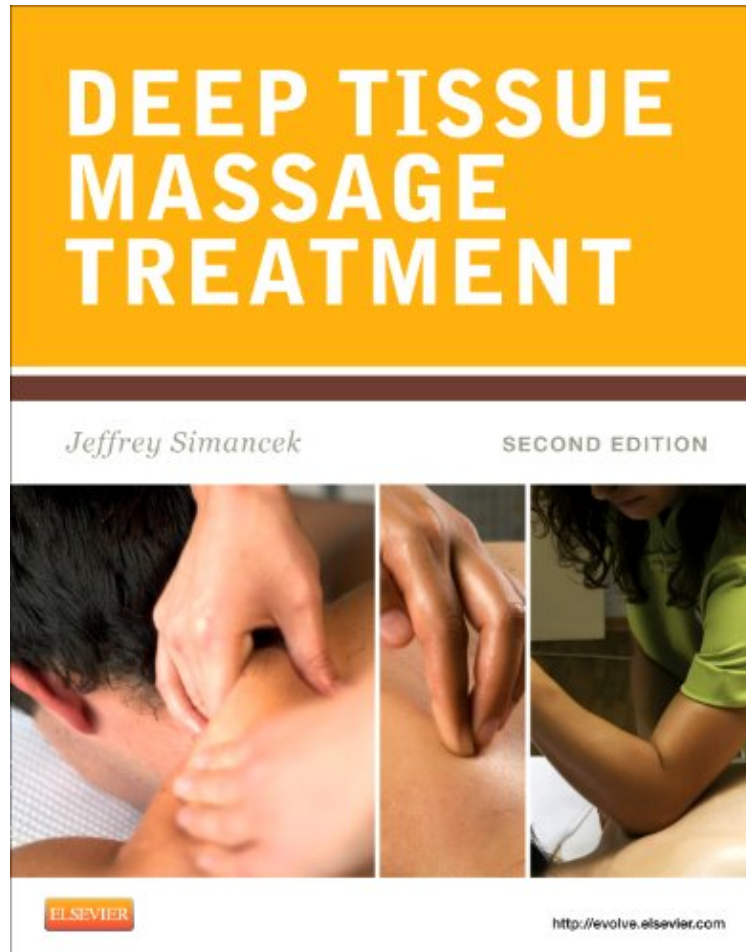


Deep Tissue Massage Treatment, 2e (Mosby's Massage Career Development)

Jeffrey Simancek

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Jeffrey Simancek : Deep Tissue Massage Treatment, 2e (Mosby's Massage Career Development) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Deep Tissue Massage Treatment, 2e (Mosby's Massage Career Development):

0 of 0 people found the following review helpful. Four StarsBy SharonVery good book!

Presented in a clear and easy-to-use format, this book provides basic assessment of neuromuscular conditions and an overview of techniques specific to deep tissue massage. The most commonly used techniques are covered with illustrations and hints for performing techniques. The bulk of the book presents treatment routines for the 22 most commonly encountered neuromuscular conditions. Routines are outlined step-by-step and clearly describe exactly what therapists need to do to treat a particular condition. Excellent organization and standard layout for each condition

makes information easy to find and follow. Step-by-step routines for treatment of conditions are outlined using clear descriptions and illustrations side-by-side. Coverage of the most common techniques includes trigger point therapy, friction techniques, myofascial techniques, and stretching to give you an excellent base from which to start incorporating deep tissue massage into massage practice. Full color art program features a visually striking design with vibrant photos and illustrations that appeal to visual learners. Pedagogical features include learning objectives, key terms, and an end-of-book glossary to help you focus on key content. Appendices provide key resources on trigger points and pain referral patterns, indications/contraindications for deep tissues massage, and blank assessment forms for use in practice. Student resources on Evolve companion website provide downloadable assessment forms and videos of deep tissue techniques. NEW! 4-color art program features all new photos of the best techniques, body mechanics, and draping to better illustrate content. NEW! 90 minutes of video on the Evolve companion website vividly demonstrate the proper techniques needed to master deep tissue massage. NEW! Expanded coverage of theory and assessment gives you the background you need on documentation, techniques, and assessments before you begin learning how to perform deep tissue massage. NEW! Anatomic illustrations provide a refresher on pertinent anatomy right before the book heads into treatment coverage to reinforce the essential relationship between anatomy and proper massage. NEW! Expert reviewers, including Joe Muscolino, Sandy Fritz, and more, ensure material is accurate and appropriate for courses on deep tissue. NEW! Author Jeffrey Simancek, former Curriculum Manager for Corinthian and current massage educator, brings extensive career school teaching and curriculum experience to the book.

About the Author Curriculum Manager of Corinthian Colleges, Inc.