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Diet and Disease

E. Cheraskin, W. M. Ringsdorf, James W. Clark
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E. Cheraskin, W. M. Ringsdorf, James W. Clark : Diet and Disease before purchasing it in order to gage whether or not it would be worth my time, and all praised Diet and Disease:

0 of 0 people found the following review helpful. DietBy Avid ReaderWonderful connection of how eating processed foods (standard American Diet) known as SAD causes diseases; the best resource we have is our health

Book by Cheraskin, E., Ringsdorf, W. M., Clark, James W.

What is the role of nutrition in health and disease, and how does nutrition form a component of the disease state? This considers the role of diet in both health and disease, considering dietary interrelationships and physical and psychological disorders. -- Midwest Book