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Diet and Obesity

From S. Karger

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From S. Karger : Diet and Obesity before purchasing it in order to gage whether or not it would be worth my time, and all praised Diet and Obesity:

Obesity is one of the most intensive health concerns of people in industrialized countries. This book is a collection of scientific papers collected from a symposium held in Kyoto in 1987 to asses factors of food, eating habits and exercise in modern-day living as they effect obesity.