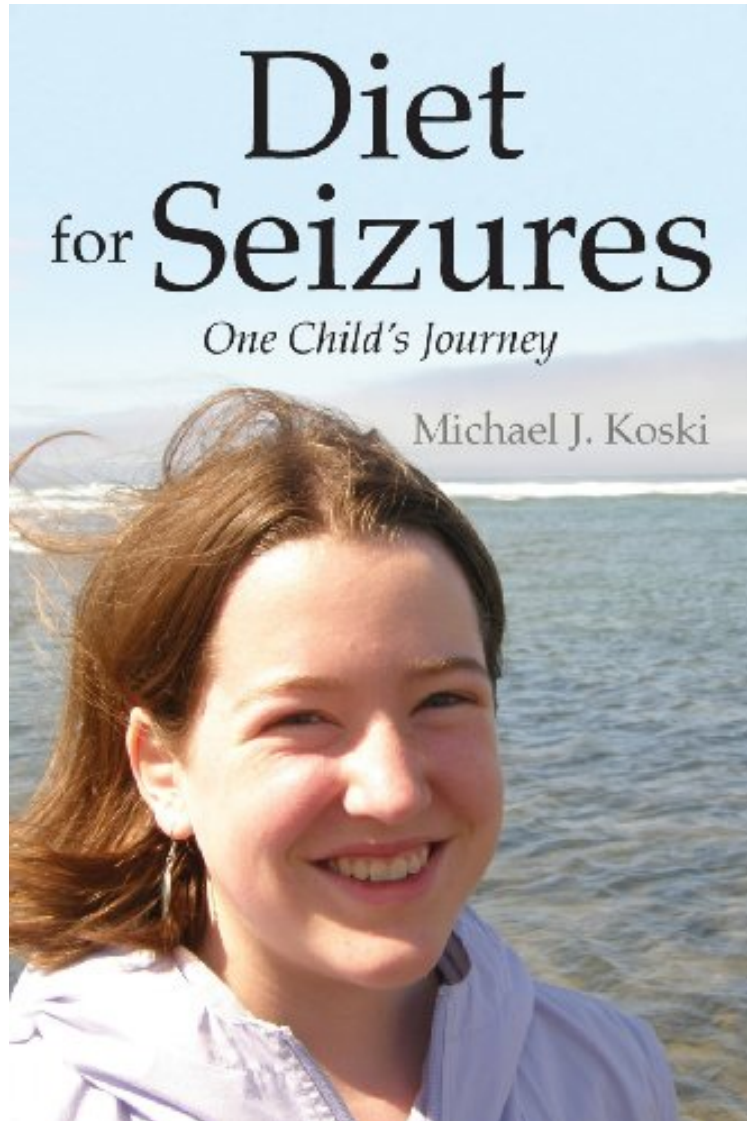


[Download] Diet for Seizures: One Child's Journey

Diet for Seizures: One Child's Journey

Michael J Koski

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#902272 in Books Michael J Koski 2013-03-06Original language:EnglishPDF # 1 9.02 x .32 x 5.981, .46
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Michael J Koski : Diet for Seizures: One Child's Journey before purchasing it in order to gage whether or not it would be worth my time, and all praised Diet for Seizures: One Child's Journey:

8 of 8 people found the following review helpful. Life changingBy Lori Q.This book was the *only* resource we had besides a few suggestions from the dietician to get us started. I am eternally thankful to the family who wrote this for giving my daughter an oppportunity to have less meds and less seizures. She has been on the diet for 18 months. She was take off of her seizure med successfully after she was in ketosis. Thank you for writing this book! Everyone who

has a child who lives with seizures should consider this non drug option!!1 of 1 people found the following review helpful. Interesting story by father of child with seizuresBy Concerned MomOrdered this book and couldn't wait to read it so I also ordered the ebook. It was an easy, quick read written by the father of a child diagnosed with epilepsy. Having a son recently diagnosed left me feeling panicked and craving information. This book was the first thing that I read that actually calmed me down and was definitely a turning point in our journey with this disease. We are currently using the Modified Atkins Diet and vitamins and supplements to successfully control our son's seizures. Thank you for writing this book!2 of 2 people found the following review helpful. Wonderful book!!By Mary HHad a lot of useful information for beginning a low carb diet for my child. I was able to relate to the author from a parents' point of view. The included recipes were a great starting point for us! The book left me with a feeling of hope and relief that we too could do this within our family.

Watching your loved one have seizures - or having them yourself can be a very emotionally difficult thing to do. Our daughter struggled with over 100 seizures every day - even while heavily medicated (and we were scared of the medicine we were giving her). We felt helpless. We took it personal. We tried everything we could find. For us, the solution was found through Johns Hopkins, Dr. Kossoff, and the Atkins Diet. In a short period of time, the Modified Atkins Diet allowed our daughter to go off all her medication - and reduced her seizures to just 15 a day. Now, a couple years later, she is seizure and medicine free. We sincerely hope our experience will help you. Learn Answers to: - How much time is required to implement the Atkins for seizures diet? - What are some of the emotional hurdles that may be faced? - How can we get our child to eat differently than the family and her classmates? - What kind of complications and side effects may arise? - Can we still go out to eat? What about school lunch? - Where can I find financial assistance for this project? - I thought the Atkins diet is for weight loss - how can I keep my growing child from losing weight on the diet? - Why does this work? - theories behind the diets. - Recipes and resources.