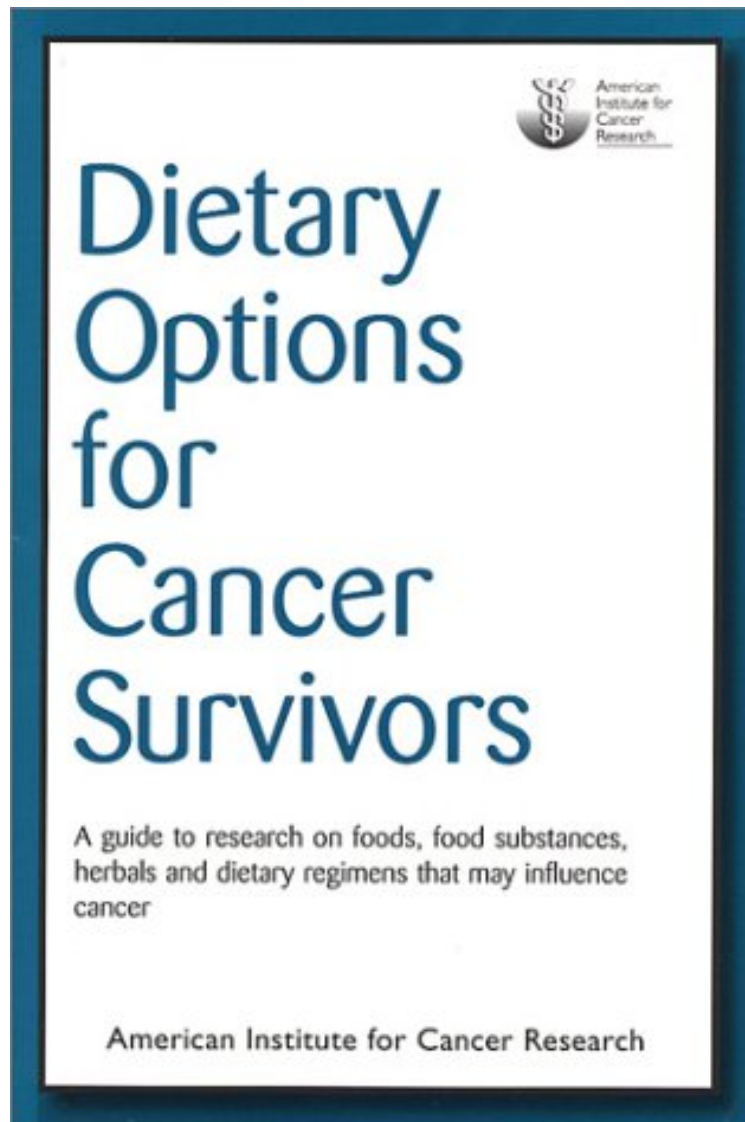


[Pdf free] Dietary Options for Cancer Survivors

Dietary Options for Cancer Survivors

American Institute for Cancer Research

**Download PDF | ePub | DOC | audiobook | ebooks*



 [Download](#)

 [Read Online](#)

#3497806 in Books Amer Inst for Cancer Research 2002-08-30Original language:EnglishPDF # 1 9.00 x 6.00 x .50l, #File Name: 0972252207166 pages | File size: 37.Mb

American Institute for Cancer Research : Dietary Options for Cancer Survivors before purchasing it in order to gage whether or not it would be worth my time, and all praised Dietary Options for Cancer Survivors:

0 of 0 people found the following review helpful. Good book. It is a shame that the AICR ...By MichaelGood book. It is a shame that the AICR does not update this book. I used it 12 years ago to get thru cancer and bought it for a friend who now has cancer.0 of 0 people found the following review helpful. infomative but not my needBy Kathy Quinn-henry +george henryDry but informative book for me right now however it was not what I needed - I am not in thio

stage of learning re: the need for this compilation of good ideas.0 of 0 people found the following review helpful.
GoodBy KrisBeing a Breast Cancer Survivor, I felt this was an important book to purchase. I have not read all of it yet as it's not exactly exciting reading, but informative.

Dietary Options for Cancer Survivors is a guide to research on foods, food substances, herbals and dietary regimens that may influence cancer. As many as 81% of cancer survivors take dietary supplements to prevent secondary tumors or recurrent of their cancer. Dietary Options for Cancer Survivors was created for these cancer survivors. Chapters 3 through 6 contain lists of dietary interventions for which cancer claims have been made. Under each entry on each list is a summary of the research that supports or contradicts the claim. These summaries are exhaustively annotated so that readers who are so inclined can examine the original source. The annotated lists are presented so that cancer survivors who intend to avail themselves of diet-related interventions can make informed choices. The information is presented in four lists for easy reference: Food and Food-Based Supplements; Vitamins and Minerals; Herbals; and Diet-related Therapies and Regimens. The four lists are comprehensive, not selective. Except in chapter 1 where guidelines for interpreting scientific studies are offered, no advice is given. Except in chapter 2 where the general shape of a cancer-fighting diet is described, no recommendations are made. It is our hope that reading the science behind the health claims will prompt people to think seriously before they make dietary changes or take supplements.

Superior...Oncologists should offer this book to cancer survivors...patients who are looking into alternative therapies should read it... -- Doody's Service
About the AuthorThe American Institute for Cancer Research (AICR) is the nation's third largest cancer charity, focusing exclusively on the link between diet and cancer. The Institute provides a wide range of consumer education programs that help millions of Americans learn to make dietary changes for lower cancer risk. AICR also supports innovative research in cancer prevention and treatment at universities, hospitals and research centers across the U.S. The Institute has provided over \$62 million in funding for research in diet, nutrition and cancer. LISTPRICE: 15.95