

(Mobile library) Discover Your Voice: How to Develop Healthy Voice Habits

## Discover Your Voice: How to Develop Healthy Voice Habits

*Oren L Brown*

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**Oren L Brown : Discover Your Voice: How to Develop Healthy Voice Habits** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Discover Your Voice: How to Develop Healthy Voice Habits:

9 of 11 people found the following review helpful. Great for finding Voice- Freedom..By langelo68It's no secret singing is a personal universe of mystery that somehow remains unveiled no matter teachers, discipline, technique, etc. With all other instruments you can actually SEE what's going on in the process of learning. With the voice, everything is how "you feel" about it. You can not see your vocal chords to realize you have a good or bad habit...The secret is then how to LEARN to recognize if what you feel is right about the way you sing or not. It shouldn't be so hard; you either -for example- feel exhausted after singing an aria or whatever, or feel you can keep on singing for the rest of the day without fatigue. That should indicate something! But the problem is to be able to reproduce great singing sensations in an everyday basis. That can certainly be a lifetime challenge. This book helps pointing out towards sensations associated with freedom and flow of a natural voice; Brown is all about this, in search of a more "primal" sound, connected to the way we speak. Not everything is as simple as that, and singing, depending on the repertoire, etc, etc, needs to a certain extent, some kind of artifice beyond the speaking natural sound of our voices. But this book

will put you on the right track if you have been wondering about tensions with the way your vocal production occurs. Highly recommended for connecting singing with a more mundane experience in which emotions need to be part of your singing. Great simple exercises can reveal so much, and in that respect it is a fantastic book. Highly recommended. 0 of 0 people found the following review helpful. Discover Your Voice is Groundbreaking! By JK This is a masterpiece. Oren Brown was an Icon. He was the standard bearer for the teaching of secure, safe, vocal technique. 3 of 4 people found the following review helpful. Beginner or Advanced, this is your book! By Jorge Sanchez Jr. I've read a couple of books and hundreds of articles that have to do with the voice as a prime subject. SO far this book is my favorite. It starts from the very basics and it goes all the way to advanced facts. Just beware that it is not a book full of exercises, it's a book that is going to let you find and understand your voice from the medical and artistic point of view. Although a little outdated, this book is full of great facts backed up with an extensive and interesting bibliography. It has many clear and precise diagrams to help you understand what's going on inside. It explains how the voice is affected from the physical point of view, to the mental one. If you are interested in posture and breathing it also has written some exercises to nail them with no problem. Mr Brown's teachings are based on Bel Canto, and he will mention many singers that may be a little (or more) unknown to the contemporary singer. His CD has very good audio to explain many sounds and a few exercises that need to be heard instead of being read, which is a great add-on to any singer or voice professional. Overall, this book will not teach you to sing step by step. But is a great resource for anybody who wants to know more about his or her voice. If you want a systematic program to teach you how to sing, I recommend Singing Success by Brett Manning, NOT a book. This book is well worth its price and friendly written, a must have for all vocal teachers, students and even physicians.

Brown taught voice at the Juilliard School and was a pioneer in voice therapy. He has expanded the 19-page syllabus for his students into a comprehensive text for self-study, study with a private teacher, or classroom instruction. He speaks of concepts, perceptions, exercises, acoustics, and physiology.

"(A) vibrant addition to voice therapy....The activities move from general vocal warm-ups, which would be a fresh source of home practice activities for any voice patient, to very specific singing activities. The recording is well done and pleasant to follow." - ADVANCE for Speech-Language Pathologists and Audiologists "If you need any further encouragement to admire this wise and knowledgeable book, you will find it in the accompanying CD, on which one female and one male singer demonstrate all the given exercises." - Singing "Oren L. Brown presents a synthesis of a lifetime of practical experience. His ideas and techniques provide information and insights for singers and teachers in areas ranging from proper breathing and posture to harm caused to the voice by alcohol and tobacco." - Teaching Music "(A) fundamentally sound approach with ideas that are based on clinical and scientific evidence and whose validity has been thoroughly and convincingly tested...It would prove to be of considerable value in both classroom and studio." - Journal Of Singing "(T)here is an excellent summary of Voice Problems and Therapy...it would make an excellent present to give to the voice therapist." - ENT News About the Author Marketing Coordinator for Singular