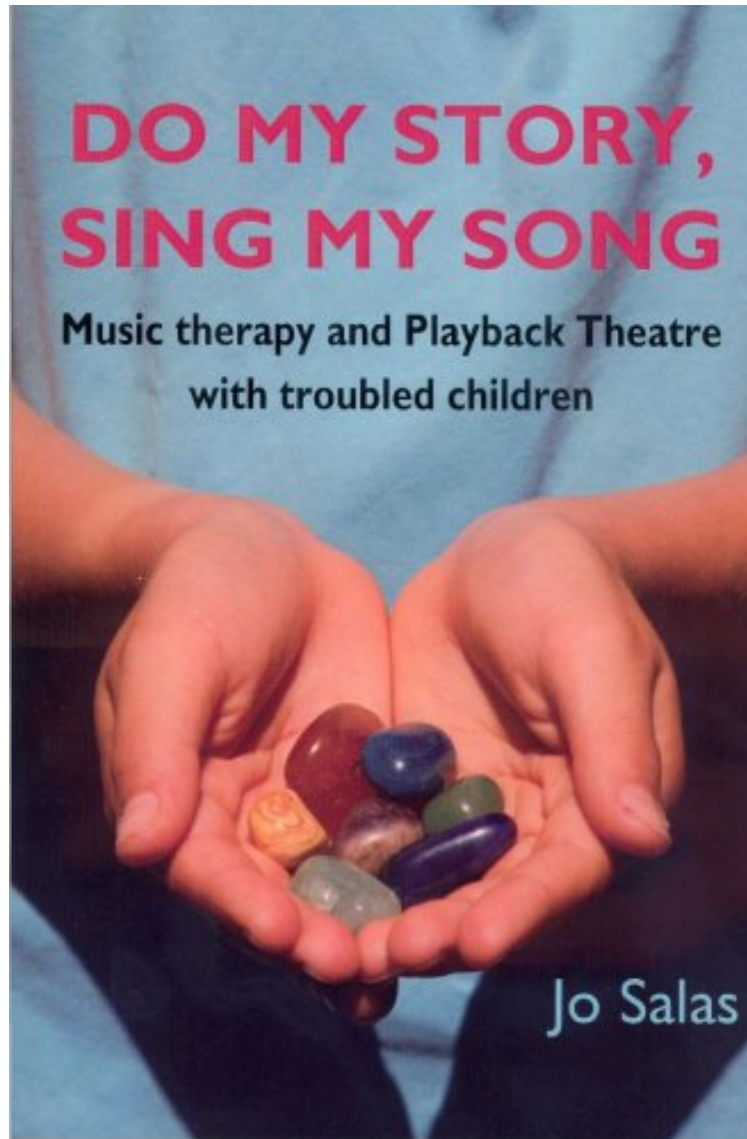


[Free read ebook] Do My Story, Sing My Song: Music therapy and Playback Theatre with troubled children

Do My Story, Sing My Song: Music therapy and Playback Theatre with troubled children

Jo Salas

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Jo Salas : Do My Story, Sing My Song: Music therapy and Playback Theatre with troubled children before purchasing it in order to gage whether or not it would be worth my time, and all praised Do My Story, Sing My Song: Music therapy and Playback Theatre with troubled children:

0 of 0 people found the following review helpful. Five StarsBy G.B.Interesting, moving, life affirming.0 of 0 people

found the following review helpful. A remarkable and powerful book!By DLI couldn't put this book down! Jo Salas is such a powerful, articulate and compassionate storyteller, as well as a creative musician and masterful music therapist. She draws the reader right into the lives of the children she works with. In her unique and insightful way, she brings the expressive arts into her therapy sessions, and is able to adapt her methods to each child's needs. With expert guidance and on the spot adaptability, she helps the children navigate through their turbulent and often destructive emotions. Ms Salas really knows how to listen deeply and respond creatively to facilitate healing. How wonderful for us that she shares this knowledge so deeply and in such an accessible way. This book should be read by everyone interested in music therapy and the healing arts.1 of 1 people found the following review helpful. Inspiring and Fascinating!By MEFWhat an inspirational, powerful book - impossible to put down! Jo Salas really brought these troubled, creative kids to life; their stories were a complex combination of heartbreaking and hopeful, and I felt so honored to get to know them a bit. I was just rooting for them the whole time. As an arts professional myself, I felt that the way Salas described her own process, including her doubts and experiments, was so affirming and even useful! I think every mental healthcare practitioner and student should be required to read this book to open their eyes toward the value of arts in therapy. But the book also stands on its own as just a great read.

Do My Story, Sing My Song tells the stories of children in residential treatment, diagnosed as severely emotionally disturbed, who took part in music and drama therapy with the author. Engaging, informative, and moving, this book is for general readers, teachers, parents, artists, therapists, policy makers, and anyone interested in children and the arts within or beyond therapeutic contexts.

A fine accomplishment with an inspiring, yet usually overlooked, subject. Jo Salas has written a powerful testament to the raw power of artistic experience and the redemptive power of creative expression. She has the poet's eye for telling detail, the playwright's ear for the surprising (and hilarious) rich dialog, and the writer's gift for capturing troubled children in elegant, beautiful portraits. --Eric Booth, Founder of Julliard's Art and Education Program, consultant to The Kennedy Center, Lincoln Center Institute, and Tanglewood, and author of *The Everyday Work of Art*.I was clearly moved by this natural, human and heart-touching book. The style is so unassuming and clear. How well the author serves these embattled children! --Dr. Clive Robbins, Founding Director of the Nordoff-Robbins Music Therapy Center at New York University, and co-originator of Creative Music Therapy.The children whom Jo Salas writes about were all, in one form or another, profoundly disturbed. And yet she managed to contact them with a model composed of music, art, storytelling, role playing and various forms of drama. With delicate insight, deep tenderness and above all, with creativity, she deals with the magic, too often buried and untouched, that is to be found in children. --Zerka Moreno, psychodramatist, co-author (with J.L. Moreno) of *Who Shall Survive?* (Vol. 2) and co-author of *Psychodrama, Surplus Reality and the Art of Healing*.The children whom Jo Salas writes about were all, in one form or another, profoundly disturbed. And yet she managed to contact them with a model composed of music, art, storytelling, role playing and various forms of drama. With delicate insight, deep tenderness and above all, with creativity, she deals with the magic, too often buried and untouched, that is to be found in children. --Zerka Moreno, psychodramatist, co-author (with J.L. Moreno) of *Who Shall Survive?* (Vol. 2) and co-author of *Psychodrama, Surplus Reality and the Art of Healing*.A fine accomplishment with an inspiring, yet usually overlooked, subject. Jo Salas has written a powerful testament to the raw power of artistic experience and the redemptive power of creative expression. She has the poet's eye for telling detail, the playwright's ear for the surprising (and hilarious) rich dialog, and the writer's gift for capturing troubled children in elegant, beautiful portraits. --Eric Booth, Founder of Julliard's Art and Education Program, consultant to The Kennedy Center, Lincoln Center Institute, and Tanglewood, and author of *The Everyday Work of Art*.About the AuthorJo Salas holds a master's degree in music therapy from New York University and was certified by the American Association for Music Therapy. She is also a pioneer of Playback Theatre, an original form of improvisation based on telling and enacting true stories. Her book *Improvising Real Life: Personal Story in Playback Theatre* has been published in six languages.