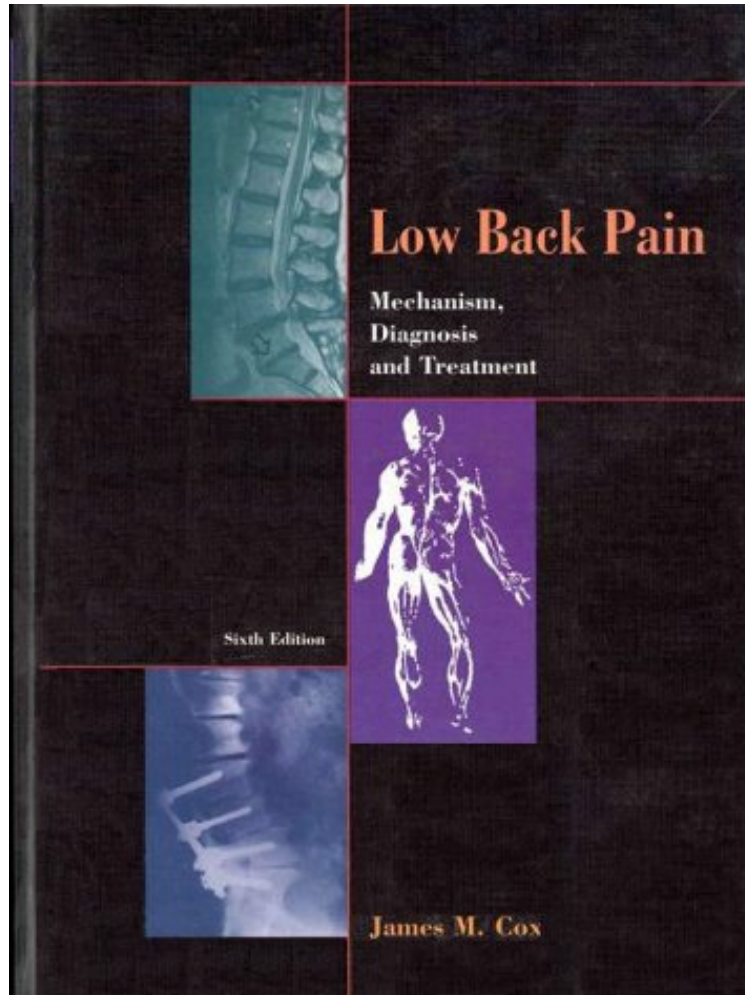


Low Back Pain: Mechanism, Diagnosis and Treatment

James Cox DC DACBR

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1 of 1 people found the following review helpful. Low Back Pain James CoxBy R. J. FunkI have an older edition 1985 and wouldnt part with it.Only seeking newer research data in the newest edition.Dr.Cox has been my mentor for almost 35 years now using his flexion distraction method for disc herniation management.I know of no other conservative method bar none that works so well in my practice and that of others I know.(also tropism-facet lesions,spondylos-mild instability)If 4 weeks of Cox therapy protocol one doesnt bring over 50%relief of discopathy send to the neurosurgeon.Its that sure.It either fixes multiple disc hernias or surgery is needed,no middle ground.(This of course includes if there s progress-rehab exercises-work hardening).Best volume on the subject for any professional.(Check out same text for cervical problems)RFunk,DC.2 of 2 people found the following review helpful.

Great Book on Back Pain By Jeff Sartain I bought this book for information on the causes and treatment of back pain. It was written by a Chiropractor for his students. It is written in a way that the average person would find it interesting. It is technically but not to the point of being boring. 4 of 4 people found the following review helpful. highly recommended By A Customer Very useful clinical information, which deeply covers the subject of disc injury and low back pain. My copy is an older edition, but I would hate to be without it. Anyone treating or trying to understand low back pain needs this one on their shelf

Here's your complete guide to managing low back pain. This Sixth Edition features eight years of completely updated research by Dr. Cox...all resulting in this comprehensive source for diagnosis and treatment. Extensive algorithms of decision making are featured representing the standard of care in distraction adjusting. New chapters include: / History, development and acceptance of distraction adjusting procedures / Complete treatment protocol with distraction adjusting for radicular and non-radicular low back pain patient / Research of distraction adjusting written by Ram Gudavalli, PhD, principal investigator of the combined research study "Biomechanics of Flexion Distraction Manipulation of the Lumbar Spine" between the National College of Chiropractic and Loyola University Stritch School of Medicine.