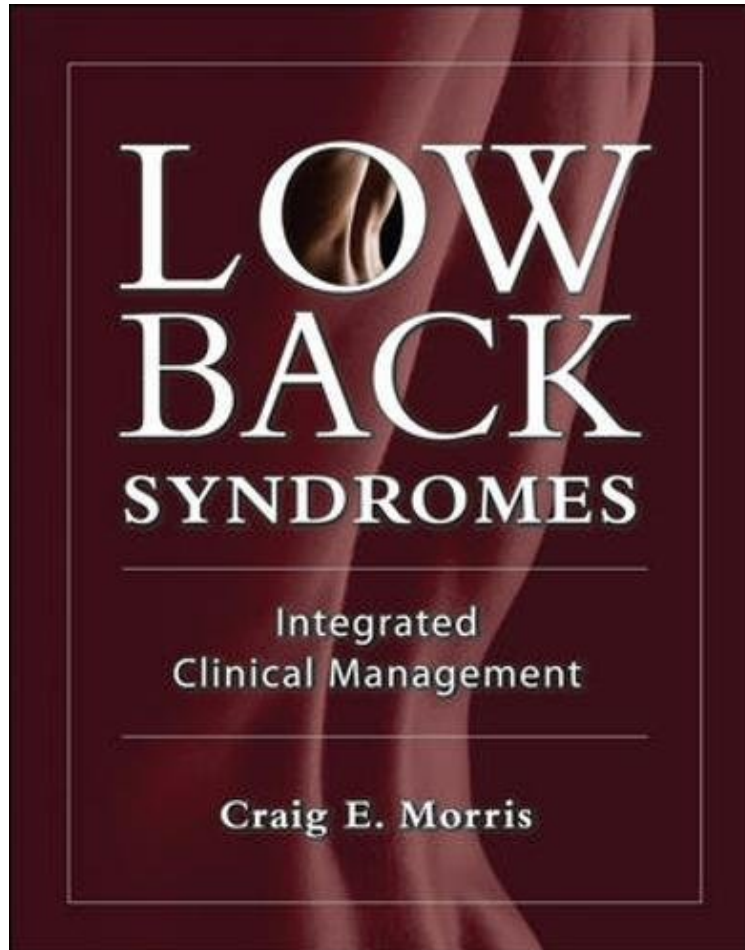


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Low Back Syndromes: Integrated Clinical Management

Craig E Morris

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Craig E Morris : Low Back Syndromes: Integrated Clinical Management before purchasing it in order to gauge whether or not it would be worth my time, and all praised Low Back Syndromes: Integrated Clinical Management:

0 of 0 people found the following review helpful. Low Back Review By Michael Craig Morris does a great job on explaining everything you want to know about low back syndromes. This was a required text for a post-grad certification that I took, and I must say that I was surprised at how much I gained from this book. I was not familiar with Craig Morris' work, I was more familiar of the teaching by Prof. Stu McGill. I would recommend this book to anyone who wants to either refresh or expand upon their knowledge of low back syndromes. There is so much new information coming out on low back syndromes, this was a great resource to build a foundation on. 2 of 2 people found the following review helpful. Amazed at the quality of this book! By Book gobbler Like the title says, this is a fabulous book! It covers pretty much every conceivable angle you could think of concerning low back. I'm mostly interested in the rehabilitation parts as a back patient myself, and I especially loved the rehab strategies explained as well as different exercise tracks with pictures and instructions of the exercises made slowly more and more demanding. I've

read a lot of evidence-based back books recently and this is so far the best book. This book is also totally in sync with the "Motor control approach" developed by Australian physiotherapist-scientists. In other words it is in sync with the latest scientific knowledge concerning this area. One of the developers of the Motor control approach, Paul Hodges, is also contributing to the book. I absolutely recommend this book. 0 of 0 people found the following review helpful. Excellent resource! By Alohaberry This is such a great resource. I believe anyone working with folks who have back pain should read it, take notes, and review it regularly. Craig Morris explains the anatomy in an excellent manner. I have the Kindle Version as well as the hardback.

Written by an interdisciplinary team, *Low Back Syndromes* is the first truly comprehensive multidisciplinary text for low back disorders. Because today's patients expect their clinicians to possess an in-depth understanding of available treatments, this text covers the broad spectrum of clinical options currently available. From chiropractic to osteopathy, from medicine to physical therapy, from occupational medicine to evidence based health care, from psychology to surgery, from pain medicine to manipulation, from post-surgical rehabilitation to end-stage training of elite athletes, this is the first textbook to bring all the specialists together to allow clinicians direct access to state-of-the-art standards of practice from a single source. Featuring internationally acclaimed contributors from a variety of specialties, this text is a practical guide for mastery of both traditional and newer techniques.

.. "this interdisciplinary textbook [*Low Back Syndromes*] does an exceptional job of incorporating current evidence and understanding of what has been a clinical challenge into a syndrome classification approach. In addition, this is one of the first textbooks to combine the contributions of all relevant clinical specialties into a single work... this is a must-have reference for all practicing clinicians." .. "this interdisciplinary textbook [*Low Back Syndromes*] does an exceptional job of incorporating current evidence and understanding of what has been a clinical challenge into a syndrome classification approach. In addition, this is one of the first textbooks to combine the contributions of all relevant clinical specialties into a single work this is a must-have reference for all practicing clinicians." From the Back Cover **LOW BACK SYNDROMES: Integrated Clinical Management** Craig E. Morris, DC Written by an interdisciplinary team, *Low Back Syndromes* is the first truly comprehensive multidisciplinary text for low back disorders. Because today's patients expect their clinicians to possess an in-depth understanding of available treatments, this text covers the broad spectrum of clinical options currently available. From chiropractic to osteopathy, from medicine to physical therapy, from occupational medicine to evidence-based health care, from psychology to surgery, from pain medicine to manipulation, from post-surgical rehabilitation to end-stage training of elite athletes, this is the first textbook to bring all the specialists together to allow clinicians direct access to state-of-the-art standards of practice from a single source. Featuring internationally acclaimed contributors from a variety of specialties, this text is a practical guide for mastery of both traditional and newer techniques. Comprehensive, well referenced, and heavily illustrated, *Low Back Syndromes* is the ideal instrument for experienced clinicians, interns, and students. Features include: Foundations in functional anatomy, biomechanics, epidemiology, and neurophysiologic aspects of motor control, setting the stage for deeper understanding of pathology Fully detailed major treatment options, including McKenzie protocols, psychotherapeutics, pain management, and mobilization and manipulation techniques 500 illustrations In-depth diagnostic and assessment methodologies Red flags for referral Detailed rehabilitation strategies Management of athletic injuries including those of elite athletes Numerous case studies dramatizing application of methods and principles Excellent referencing Recommended Reading by the American Back Society About the Author Craig Morris is a retired Clinical Professor from Cleveland Chiropractic College and Rehabilitation Director for ProGolf Health, Inc. He continues to lecture and present courses in rehabilitation and sports around the world. He received extensive post-graduate training at the Charles University Medical Faculty Manual Medicine and Rehabilitation in Prague, Czech Republic, especially under the tutelage of the late Professor Vladimir Janda, and he remains an instructor for the famed "Prague School." Dr. Morris has lectured around the world on topics that include sports injuries, rehabilitation and medico-legal topics. He serves as the chairman of the Manual Medicine and Manipulation Committee for the American Back Society, an organization dedicated to multidisciplinary academic excellence for assessment and treatment spinal conditions. Dr. Morris combines his multidisciplinary experience and journalism background to bring this book to clinicians everywhere.