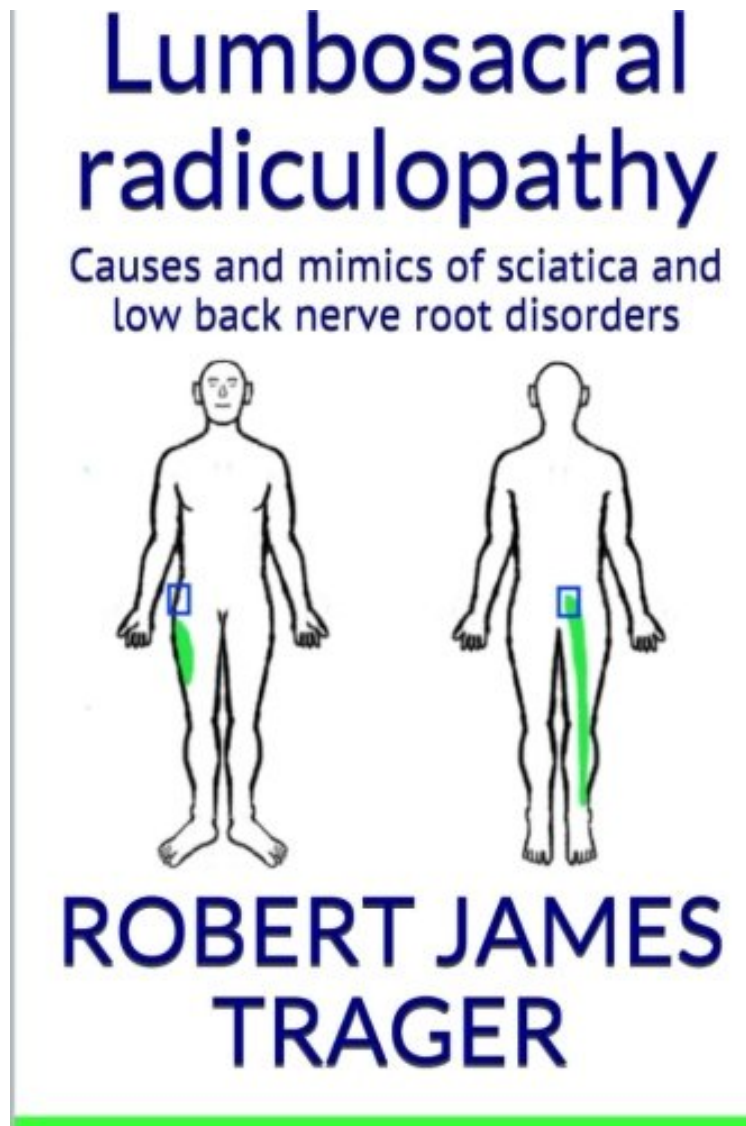


(Free) Lumbosacral radiculopathy: Causes and mimics of sciatica and low back nerve root disorders

## **Lumbosacral radiculopathy: Causes and mimics of sciatica and low back nerve root disorders**

*Robert James Trager DC*

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Patients often present to health care clinics with complaints of sciatica or pain radiating from the back or buttock into the thigh or leg. Frequently, the patient has a lumbar or sacral radiculopathy caused by a degenerative etiology, however, there are many possible causes for these symptoms. This text utilizes almost 600 references to fully explore the many causes of and mimics of radiculopathy of the lumbar and sacral spine. This book details the clinical features that help distinguish a degenerative etiology of lumbosacral radiculopathy from other categories, such as vascular (e.g. aortic aneurysm, epidural hematoma), infection (e.g. spondylodiscitis, shingles), and tumor (e.g. spinal metastasis, schwannoma). Each section includes: An estimation of the frequency of the condition as a cause or mimic of LSR (when possible), pathophysiological mechanisms that cause neurological deficit or pain, possible distinguishing clinical features, distinguishing imaging and/or laboratory tests, and examples of misdiagnoses or challenging cases. Summary lists are generated that include various historical and physical findings with a differential diagnosis of conditions to consider.

About the Author Robert Trager is a chiropractor and Fascial Stretch Therapy practitioner. He works at Legacy Medical Centers, in Pittsburgh, PA, an integrated medical-chiropractic office. He obtained his Bachelor of Science degree at Northeastern University in Boston, MA. He was a research assistant at Harvard/Massachusetts General Hospital, where he studied skin cancer. He later worked as a microscopist at Cellay Inc., and One Cell Systems, and researched gut flora at the Antimicrobial Discovery Center in Boston. Inspired by the benefits of chiropractic care after receiving treatment for whiplash, Rob continued his education at Logan College of Chiropractic in St. Louis, MO. He obtained perfect scores on parts of his national board examinations, and was salutatorian of his class. Rob and his wife, Carrie, a CPA and yoga enthusiast, live in Peters Township, PA. His special areas of interest include Paleolithic diets, the human microbiome, energy medicine, and integrative health care.