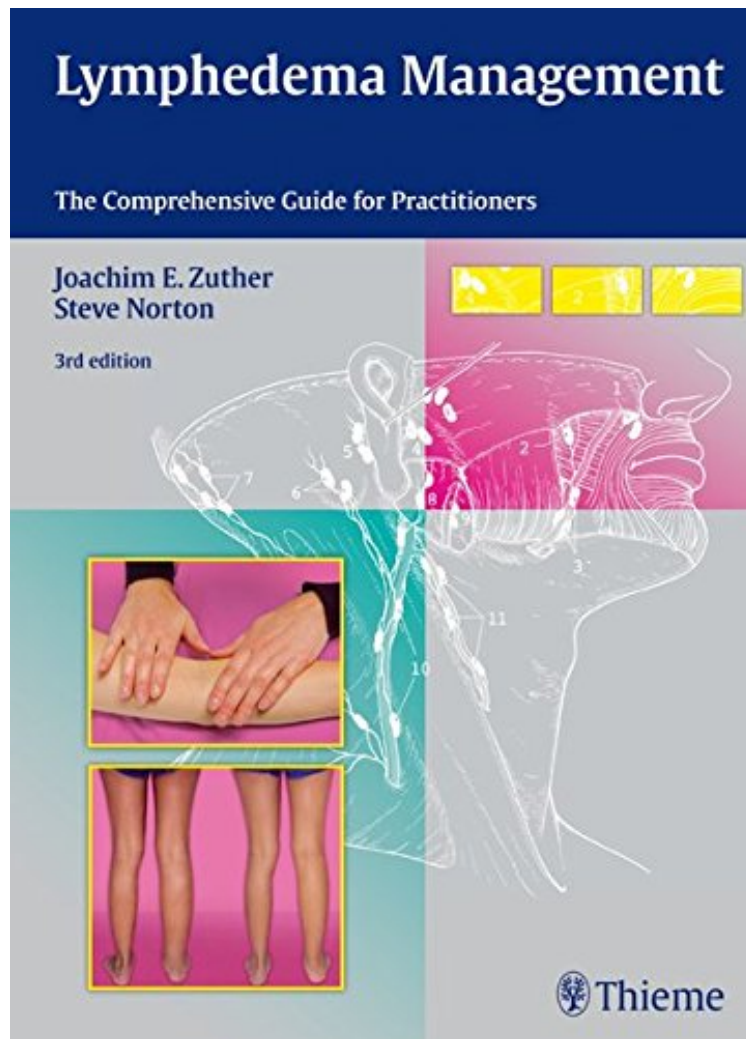


# Lymphedema Management: The Comprehensive Guide for Practitioners

*Joachim Ernst Zuther, Steve Norton*  
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#591907 in Books Joachim Ernst Zuther 2013-01-16Original language:EnglishPDF # 1 11.00 x 8.00 x 1.00l, 2.75 #File Name: 3131394838392 pagesLymphedema Management The Comprehensive Guide for Practitioners | File size: 43.Mb

**Joachim Ernst Zuther, Steve Norton : Lymphedema Management: The Comprehensive Guide for Practitioners** before purchasing it in order to gage whether or not it would be worth my time, and all praised Lymphedema Management: The Comprehensive Guide for Practitioners:

1 of 1 people found the following review helpful. Good overall but has shocking graphics if you have a problem with that. A good study book overall of this conditon.By Lincoln County MTFar more info than one needs. OK not if you are a student of course. I knew this when I ordered it so no suprise there. But man I do wish our MD doctors would get with the program and offer treatment for this condition or at least acknowledge it. In the 90's I was told it's cosmetic. I

heard that into the 2000's. They would offer me a mild diuretic and those who know even then...they do not work with this condition. They may dry up your eyes and suck real water weight or retention such as period gain but it does nothing for pitting edema which is lymph waste that is not being removed by your body as it should for what ever reason had happened to cause this. And so much more could be offered to the patient if they just admitted it to themselves...it is anything but cosmetic. It can and does often lead to ulcerated sores and hard to heal skin lesions which can also lead to extreme pain and misery and worse life threatening infections or allow secondary infections to develop. I was sent to a dermatologist once during one of these skin eruptions and was told no you just have dry skin that is not edema related. Lets see I've had over a dozen such episodes now and it never responds to lotion for dry skin they like to sell or prescribe to you. Only antibiotic cremes and pain relief ingredients in some of those help with the severe burning and itch and pain and also help to calm it down where it can heal. I do challenge the medical field and so called MD's who still after 20 years with this condition claim it's only cosmetic. Really sores and open wounds are only cosmetic? So sorry I disagree. I also disagree that the swelling and severe swelling and buising due to that and other complications due to the retention of this waste in your body that leads to deformity and pain and though yes ugly...as it is....it is not cosmetic it is medical and needs someone to pay attention especially the AMA. Meantime it is books like this we who find our selves years into the condtion searching for and looking at to help us get some control or learn some maintence techinques or just shed light on it. This book does help in that respect. It is a bit much but it is comprehensive and it does throw all severe lymph edema diseases and conditions together to some extent and you are left sorting through or skipping some sections unless of course you are a student in the field learning this material. I bought a used manual and it was in like new condition so if you do choose a buyer with good ratings. It often works out well. My seller also included 4 extra DVD sets about this condtion just threw them in and WOW that was nice. First one did not play so I will have to investigate why not. But have yet to try the others. The book however has a wealth if information and some you need to tease out for your own application and use. But it's as one might refer to not for the faint of heart. It had details and graphics that can be quite shocking at times. I would give it 5 stars if a book like this would either have a strong section on looking at general trauma caused lymphedema with materials specific to how to excercise and what to avoid to improve and not make worse. No one knows the real reason it happens after an accident or trauma but it does. I think a lot of people are interested and the medical world continues to ignore it if they can.1 of 1 people found the following review helpful. Graphic and detailed text may be best suited to medical massage practionersBy ElaineThis is a very detailed text. Best suited for massage therapist or people with medical background interested in the topic. Would be a good read for doc's who prescribe treatments that are likely to cause lymphedema so they could give better council. For a non- clinical person dealing with this it is a bit graphic and may add to their worry. It definitely is comprehensive.5 of 5 people found the following review helpful. BEST LYMPHEDEMA BOOK for BOTH clinicians AND patients!By JilliegirlI have been a certified lymphedema therapist for 10 years. This book is a MUST HAVE for all clinicians who are either certified as a lymphedema therapist, or who just want more information about lymphedema. PATIENTS AS WELL will benefit from the resources in this book.Joachim Zuther is THE AUTHORITY ON LYMPHEDEMA. I had the honor of being his student in 2002 when I became lymphedema certified. His experience with treating patients with lymphedema and knowledge of this subject is VAST, to say the least!!! He is the founder of the Academy of Lymphatic studies, and is on the board of LANA - Lymphedema Association of North America. I believe he even helped found this association.In his book, Mr. Zuther presents the information in a concise, EASY TO READ manner. Even the lay person who is not a clinician could read this book and have a good understanding of all the components of lymphedema, including causes, types of lymphedema, and treatment for lymphedema.The book is laid out in chronological sections, beginning with the explanation of 'what is lymphedema', followed by lymphatic anatomy, the job of the lymphatic system and causes of the 2 types and 3 stages of lymphedema (4 stages, if you count 'latency'). Mr. Zuther then explains treatments AND TECHNIQUES for lymphedema, including MLD (manual lymphatic drainage), Compression, skin care, and exercise.I own other books on lymphedema, but this particular book is the EASIEST to understand and is, in my opinion, the MOST COMPLETE, ACCURATE and CONSISE book there is on lymphedema. THIS BOOK is the ONLY book you will ever need!! I refer to this book all the time, and my other lymphedema books are just sitting on the shelf collecting dust because I don't need them!If you are a lymphedema clinician OR patient, I HIGHLY ENCOURAGE you to GET THIS BOOK!! It is LESS EXPENSIVE than other books on this subject, yet contains the BEST and MOST ACCURATE information on lymphedema. The presentation of the book is the BEST I have ever seen on this subject. Mr. Zuther also includes FORMS that he allows you to photocopy to use in your therapy practice. What a great bonus! :)

This comprehensive guide with so much good advice will be of much practical value to all who care for lymphedema patients and their difficult problems. --European Journal of Plastic Surgery In this expanded third edition, with more than a dozen new sections and completely updated chapters, Lymphedema Management once again provides a clear and accessible introduction to the circulatory and lymphatic systems, the disturbances that lead to lymphedema and related conditions, and the most effective treatments. Covering key areas from anatomy, physiology, and pathology, to

diagnosis, evaluation, hands-on therapeutic interventions, and practice management, this new edition is a complete and essential handbook for lymphedema management. Special features of the third edition: Addition of editor Steve Norton, one of the pioneers of lymphatic studies in the U.S., and 13 international contributors Illustrated, step-by-step coverage of complete decongestive therapy (CDT): a highly effective combination of manual lymph drainage, compression therapies, decongestive exercises, and skin care New sections on genetics and imaging, surgical and pharmaceutical options, compression strategies for wounds and limb paralysis, management of the morbidly obese, truncal and genital lymphedema, cancer rehabilitation, and much more Expanded coverage of bandaging and taping techniques for the upper and lower extremities, compression garment selection and care, complication management, risk reduction, the role of exercise, and more New, larger format with up to 400 photographs, anatomical diagrams, and illustrations A wealth of exercises and self-care tips for patients Ideal for physical therapists, physicians, nurses, other health care professionals, and students who need a full understanding of this complex topic, *Lymphedema Management* offers the current, evidence-based techniques that are essential for treatment success.