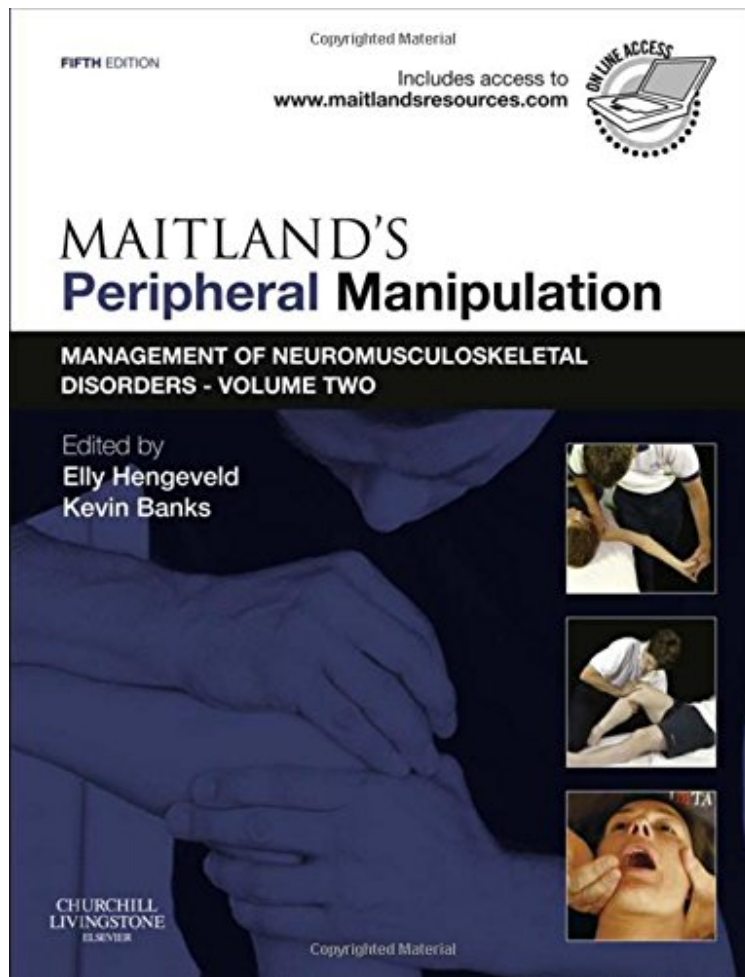


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Maitland's Peripheral Manipulation: Management of Neuromusculoskeletal Disorders - Volume 2, 5e

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The legacy of Geoff Maitland and his seminal work, Peripheral Manipulation, continues in this fifth edition, with Elly Hengeveld and Kevin Banks leading an international team of experts who demonstrate how to manage peripheral

neuromusculoskeletal disorders using the principles and practice of the Maitland Concept. Together, they ensure the heart of the Concept beats on by promoting collaborative decision-making with the patient at centre and emphasizing the art and science of observation, listening, palpation and movement skills. A key feature of the new edition focuses on a more evidence-based and analytical view of the role of mobilization and manipulation in clinical practice. The authors have written in a way that reflects their application of the Maitland Concept and how they have integrated techniques in the light of advancement in professional knowledge. Each chapter stands alone as a master class. The text is systematically arranged focusing on detailed assessment, clinical reasoning and re-assessment to determine the physical dysfunction and efficacy of manipulative physiotherapy techniques, while also advocating continuous communication and interaction. Techniques of passive mobilization are also described, specifically designed around the individual patients condition. All the chapters are written from a clinical perspective and review the evidence which informs how to deal with and manage peripheral joint pain as they present to the practitioner. Furthermore, each peripheral region (craniomandibular, upper limbs and lower limbs) is considered from the point of view of best practice in analysing and hypothesising subjective data, examination, treatment and management of peripheral pain conditions. Brand new to the fifth edition is the addition of a companion website Maitlands Manipulation eResources (www.maitlandsresources.com) providing access to a range of valuable learning materials which include videos, MCQs, interactive case studies, research links, and bonus chapters. "Overall this text would be an excellent resource to any practising physiotherapist or health professional within musculoskeletal and orthopaedics from the new graduate to the experienced clinician." Tracy Ward, Senior Physiotherapist and Clinical Pilates Specialist, BMI Healthcare Albyn Hospital, Aberdeen, Oct 14

World-leading experts provide evidence relating the Maitland Concept to clinical practice
Evidence supporting practice
Covers both subjective and physical examination
Best practice management using mobilization and manipulation
Case studies how and when to integrate the Maitland Concept into clinical practice
Chapter-based learning outcomes, keywords and glossaries
Companion website Maitlands Manipulation eResources (www.maitlandsresources.com)
Expert perspectives and supporting evidence
Case studies
Companion website www.maitlandsresources.com containing:
Video Bank of over 480 video clips showing examination and treatment techniques
Image Bank of over 1,000 illustrations
Interactive case studies
Over 200 MCQs
Bonus chapters on additional principles and techniques of examination / treatment
Weblink references to abstracts

"The fifth edition of this text returns with several updated and additional features. As per previous editions it is the collaboration of international experts within the field of the Maitland Concept. The layout reflects their application of the Maitland Concept, detailing evidence-based practise, clinical reasoning and the integration of the Maitland techniques of passive mobilisations. Chapters are not technique driven, but rather entail the whole approach with the patients needs at the primary focus. The book begins with an overview of the Maitland Concept as a clinical practise framework and its evidence-based practise, giving the reader the basis of this method of thinking and setting the scene of the following chapters. The main body then it goes on to provide a "masterclass" for each of the major peripheral joints including the craniomandibular, shoulder and shoulder girdle, elbow, wrist and hand, hip, knee, and foot and ankle joints. Chapters are systematically organised covering the subjective history, latest up-to-date evidence, physical examination, treatment techniques and concludes with case studies to demonstrate the practical use of the methods. All chapters begin with a clinical evidence table for each condition associated with that joint. This table is an excellent clinical reasoning tool that demonstrates how each part of your assessment would match symptoms of this condition. Joint anatomy and common conditions are then detailed, as well as conditions not to be missed, or misinterpreted. The rest of the chapter then continues to integrate a strong evidence-base with decision-making provocation interspersed throughout. Although the mobilisation techniques are the central management option within the chapters, the book also supports and enhances other strategies such as recovery of motor control, restoration of normal neurodynamics, physical reconditioning and patient education. Clear diagrams and photographs detail anatomy and manual techniques in adjunct to the text and are accompanied by regular breakout boxes to summarise each section and highlight important facts. The fifth edition is associated for the first time, with a companion website which provides online access to resources including a video and image bank, case studies, multiple choice questions (MCQs) and four bonus chapters. The videos, covering many assessment and treatment techniques, MCQs, and downloadable reflection forms provide an excellent interactive study tool in adjunct with the text chapters. The image bank allows access to all book images and would be useful for teaching and presentation purposes. Overall this text would be an excellent resource to any practising physiotherapist or health professional within musculoskeletal and orthopaedics from the new graduate to the experienced clinician. It is concise, clear to follow and covers each subject extensively with evidence-based practise to accompany manual techniques. A must have for enhancing clinical practise." Tracy Ward, MCSP, BSc (HONS), MSc, Senior Physiotherapist and Clinical Pilates Specialist, BMI Healthcare Albyn Hospital, Aberdeen, Oct 14