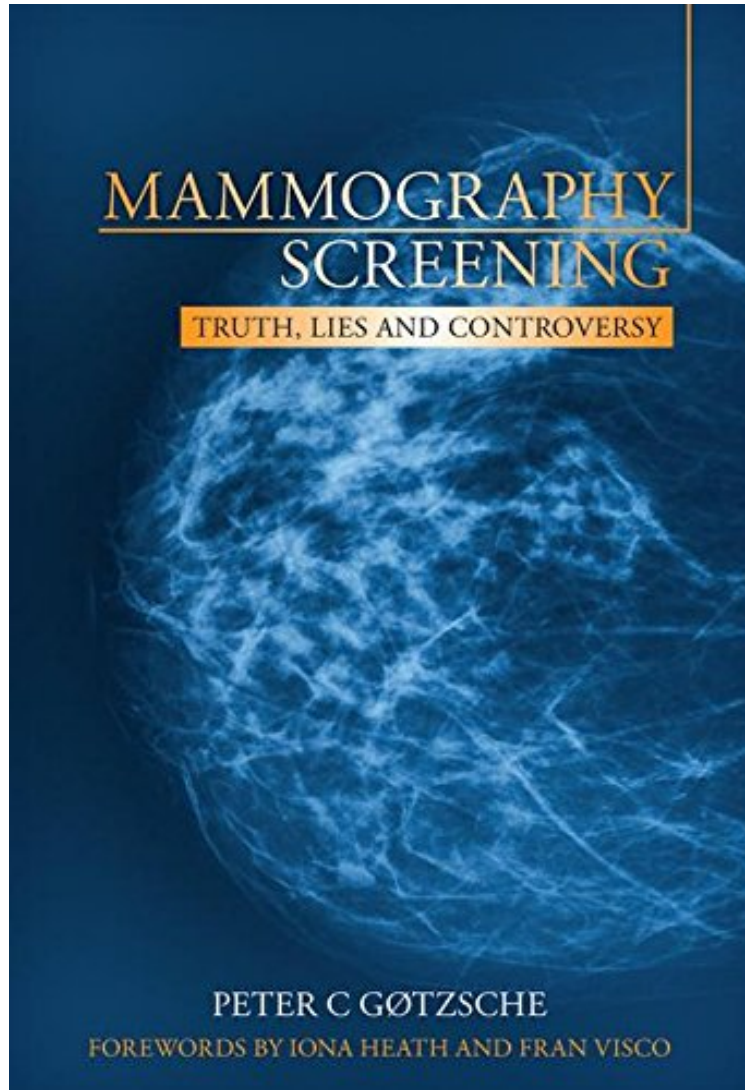


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Mammography Screening: Truth, Lies and Controversy

Peter Gotzsche

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Peter Gotzsche : Mammography Screening: Truth, Lies and Controversy before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mammography Screening: Truth, Lies and Controversy:

57 of 60 people found the following review helpful. Make a difference. Read it. Tell a friend. By robert w dupriest Mammography Screening: Truth, Lies and Controversy [Paperback] Peter C., M.D. Gotzsche This is a great book. If you are interested in breast cancer you must read it. If you have concerns about ethics in medical research and the influence of self-interest, power, or money on research and publication, this is the book for you. If you are a woman undergoing routine screening, you will want to read this. If you are a physician who deals with cancer or women you must read this book. This is the personal story of an heroic Danish researcher who was asked by the

Danish Board of Health to "take a look at" breast cancer mammographic screening because of a pending vote. The book details a 10 year odyssey and battle to expose the truth and lies and harms of routine mammographic screening. Peter Gotsche discovered that no one knew, or at least no one was discussing, the harms of screening, and further, that the benefits were severely overrated. The basic premise of screening, "find cancer early, treat it when it is small, results will be better," is questioned. Does screening decrease the number of mastectomies? No, and you will discover why. What has happened to the incidence of breast cancer since screening has started? Why is there such an increase in the number of women being treated for non-malignant breast disease (called cancer in situ)? Has screening decreased the amount of advanced breast cancer? Clue: no. Why does a decrease in 5 year breast cancer mortality mean nothing? If you start to get bogged down in the book, jump to the last few chapters. To see current recommendations from Dr. Gotsche see this:[...] Finally, Dr. Gotsche will explain how to decrease the incidence of breast cancer by one-third.

2 of 2 people found the following review helpful. Gotsche so fierce and I like very. It is a crime that the mammography ... By Lucy Kerr Every medical doctor should read and know the many lies that have been told for women about the mammography. For many years I have been following and reading every paper Dr. Peter Gotsche publishes. I suspect that should have facts I unknown to explain the fierce papers that contest the results of Dr. Gotsche so fierce and I like very. It is a crime that the mammography has start as screening of breast cancer, despite never been proved that has the power of decreased mortality and worst, cause many harms. I just come back from the annual meeting of SBUS- Brazilian Ultrasound Society, where I gave a exciting lecture of 55 minutes when I explained the sad facts that caused so many harms to women. Many were very surprised, because heard about for the first time and I was warmly greeted by many people. I already have publish a video in the YouTube which name is Ineficacia e malefcios da mamografia (Ineffectiveness and harms of mammography) and I would like that Dr. Gotsche known how useful was all the information his book gave to me, that helped I construct the lecture. And the president of SBUS decided that my lecture should stay as free visualization for any person in our site, as soon the video be edited. If it was possible, could I have the email of Dr. Peter Gotsche? Thanks, Lucy Kerr, MD33

36 people found the following review helpful. Mammography Screening--Essential for Women to Understand By Marilyn Bahena While this book is written with scientific arguments and a somewhat tedious review of the author's fight with the research establishment which many lay readers may find difficult, I believe that women must hear and understand the book's conclusions and share them with their doctors and the medical/insurance establishment. Gotsche clearly shows how researchers have cherry picked research results about mammography screening to mislead the public and maintain their very profitable mammography screening programs. It details the author's ten year fight to make this information available to the public. It clearly shows the limits of mammography and the harm that routine screening mammograms can cause. Women must demand that they not be subjected to screenings that harm more than they help. Insurance companies and doctors must stop pressuring women to submit to screenings that lead to over-diagnosis and unnecessary treatments that lead to physical and emotional harm. Gotsche clearly shows that mammography screening does not prevent breast cancer and has little effect on mortality from breast cancer. Women need to hear that it's reasonable to refuse mammograms and that the most effective way to decrease women's risk of becoming a breast cancer patient is to avoid this screening. They need to understand that by accepting mammography screening they are exposing themselves to the possibility of totally unnecessary biopsies, surgeries, and sometimes even chemotherapy or radiation. For a short summary of these statements see the author's 2008 Cochrane Report on mammography at [...] cochrane.dk Gotsche makes it clear that for every 2000 women who are screened annually for ten years only one life is saved while at the same time ten women are given false diagnoses that can lead to extreme emotional distress and unnecessary medical treatment, sometimes even costing them their breast unnecessarily. I recently experienced this after a mammogram showed microcalcifications. After a very painful inconclusive needle biopsy in three areas I was told I needed a surgical biopsy (a lumpectomy where I lost part of my breast). I couldn't stop feeling that I had been trapped into two unnecessary, painful, emotionally traumatic procedures even though no cancer was present and my atypical (non-cancerous) cells may have regressed on their own without ever giving me a problem. I know this experience affected my life negatively for months, leaving me shaken and fearful. Thankfully I have now informed myself through this book and will reject further mammograms. Gotsche makes it clear that many times cancer regresses and that ductal carcinoma in situ (DCIS) often never becomes invasive and that up to 40% of observed cancers had limited malignant potential and would have regressed if undetected. Women need to read this book and invite their physicians to read it so they have this information and can make informed decisions about screening and treatment. I found this book to be eye-opening. I believe every woman needs to be aware of its conclusions so she can protect her health and emotional well-being and avoid unnecessary treatment.

"This book gives plenty of examples of ad hominem attacks, intimidation, slander, threats of litigation, deception, dishonesty, lies and other violations of good scientific practice. For some years I kept a folder labeled Dishonesty in breast cancer screening on top of my filing cabinet, storing articles and letters to the editor that contained statements I knew were dishonest. Eventually I gave up on the idea of writing a paper about this collection, as the number of examples quickly exceeded what could be contained in a single article." From the Introduction The most effective way

to decrease women's risk of becoming a breast cancer patient is to avoid attending screening. Mammography screening is one of the greatest controversies in healthcare, and the extent to which some scientists have sacrificed sound scientific principles in order to arrive at politically acceptable results in their research is extraordinary. In contrast, neutral observers increasingly find that the benefit has been much oversold and that the harms are much greater than previously believed. This groundbreaking book takes an evidence-based, critical look at the scientific disputes and the information provided to women by governments and cancer charities. It also explains why mammography screening is unlikely to be effective today. All health professionals and members of the public will find these revelations disturbingly illuminating. It will radically transform the way healthcare policy makers view mammography screening in the future. 'If Peter Gotzsche did not exist, there would be a need to invent him ...It may still take time for the limitations and harms of screening to be properly acknowledged and for women to be enabled to make adequately informed decisions. When this happens, it will be almost entirely due to the intellectual rigour and determination of Peter Gotzsche.' From the Foreword by Iona Heath, President, RCGP 'If you care about breast cancer, and we all should, you must read this book. Breast cancer is complex and we cannot afford to rely on the popular media, or on information from marketing campaigns from those who are invested in screening. We need to question and to understand. The story that Peter tells matters very much.' From the Foreword by Fran Visco, President, National Breast Cancer Coalition

About the Author Peter C Gotzsche Professor of Clinical Research Design and Analysis, Director, The Nordic Cochrane Centre and Chief Physician, Rigshospitalet and the University of Copenhagen, Denmark