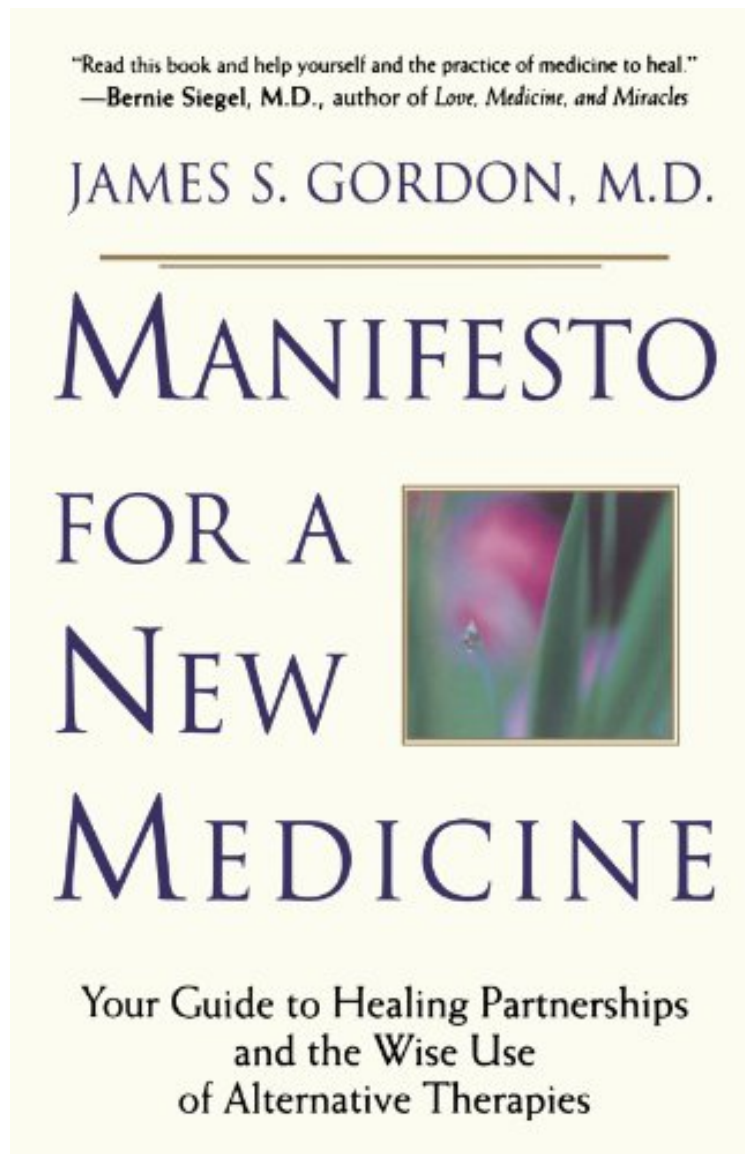


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Manifesto For A New Medicine: Your Guide To Healing Partnerships And The Wise Use Of Alternative Therapies

James Gordon

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James Gordon : Manifesto For A New Medicine: Your Guide To Healing Partnerships And The Wise Use Of Alternative Therapies before purchasing it in order to gauge whether or not it would be worth my time, and all praised Manifesto For A New Medicine: Your Guide To Healing Partnerships And The Wise Use Of Alternative Therapies:

1 of 1 people found the following review helpful. Some Good Points, but Not Too Succinct (at Times)By EmpathyI guess if you're new to this (i.e. alternative medicine), 299 pages might not seem like a lot; but for me, some ideas seemed to drone on, and I periodically lost attention. Don't get me wrong, I enjoyed most, if not all of the case studies. I even enjoyed reading Dr. Gordon's path to how he came to alternative medicine and his healing crisis was fascinating, sparking an interest. However, some of his points on exercise and diet seemed like common sense (especially to someone who has read this type of thing before). Also, he quoted "let food be your medicine and your medicine food" in a couple of different places in the book. Personally, I thought once was sufficient, when he brought it up the first time. When he brought the topic up an additional time, it just seemed redundant to me. Again, this might be good for someone new to these concepts.Overall I liked the book, but some points were slow and redundant, which made it very tempting to skip around.A plus about the book is the subject index (p.347-358). I enjoy it when non-digital books with over 250 pages have an index for a reader's convenience if they want to refer back to a certain topic. Putting this book on Kindle would be even sweeter. That way a reader can just do a word search. (Why isn't this book on Kindle yet?)0 of 0 people found the following review helpful. A Must Read!By LindaAs a board certified holistic practitioner, I have clashed with conventional medicine for many years. I took it upon myself to do the research and educate the integrative modalities that are available. This book is excellent from a medical doctor's perception. He describes in detail his training, and how it wasn't working for health care. It is really what I describe as 'sick care'. Over prescribing, not spending time with a patient, treating patients as machines instead of people, all part of the system that he could no longer invest his time or energy in. If you want to understand the medical system from someone who was in the trenches, then this is the book for you.1 of 1 people found the following review helpful. Good informationBy CustomerPlenty of helpful information and good explanations of alternative therapies I might have dismissed as quacky before. I learned quite a bit.

For the last twenty-five years, Dr. James Gordon has pioneered an approach to healing that synthesizes the best of modern scientific medicine with the best of the alternative techniques. Here he leads us step by step through convincing and absorbing case studies of the successful use of these alternatives, presenting clearly and simply the scientific basis for them. He also shows us how each of us can incorporate alternative therapies as an integral part of our health care and our daily lives.

From Library JournalGordon, chair of the advisory council to the National Institutes of Health Office of Alternative Medicine, takes aim at the current abyss between the orthodox biomedical community and alternative practitioners. Advocating a compassionate partnership between the two, he builds a case for collaboration through client studies and persuasive personal testimonies of healthcare victories. Gordon encourages communication and cooperation between these two worlds to address the drawbacks of an illness-oriented medical model burdened with the costs of chronic care. Historical forces of the wellness movement, principles of self-help, and concepts of teamwork are woven into a tapestry he calls the "therapeutic partnership." Gordon issues an important mandate for an integrated and individualized biopsychosocial medicine to meet the future clinical needs of the nation. Written for the medical and allied healthcare communities, this book is recommended for any healthcare provider interested in comprehensive care. Rebecca Cress-Ingebo, Fordham Health Sciences Lib., Wright State Univ., Dayton, OhioCopyright 1996 Reed Business Information, Inc. Manifesto for a New Medicine provides an understanding for the use and applications of alternative therapies with a strong guide teaching how to blend the best of traditional alternative methods. Dr. Gordon's Manifesto for a New Medicine uses case studies to demonstrate the successful applications of medical alternatives, teaching the basics of integration processes. -- Midwest Book From the Back CoverMore than a third of Americans have already begun to explore alternative techniques such as yoga, meditation, nutritional therapies, massage, acupuncture, homeopathy, chiropractic, herbalism, and prayer, but we don't know which approaches to trust, or what accounts for their effectiveness, and our doctors are not able to tell us. We want an authoritative guide to separate what's truly worthwhile from what's simply well promoted, to help us to see what's right for each of us. James S. Gordon is that guide, and Manifesto for a New Medicine is that guidebook. For the last twenty-five years, Dr. Gordon has pioneered an approach to healing that synthesizes the best of modern, scientific medicine with the best of the alternative techniques. Here he leads us step by step through convincing and absorbing case studies of the successful use of these alternatives, presenting clearly and simply the scientific bases for them. He also shows us how each of us can incorporate alternative therapies as an integral part of our health care and our daily lives.