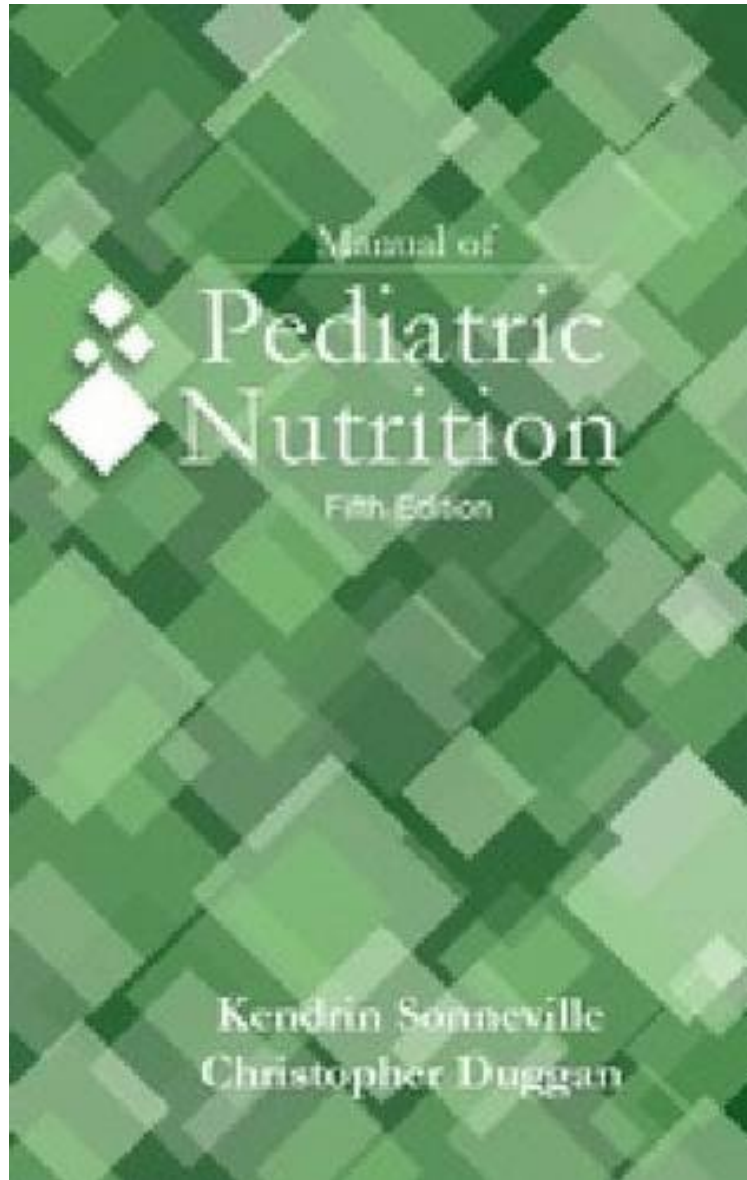


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## Manual of Pediatric Nutrition, Fifth edition

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Our understanding of children's nutritional and dietary requirements, and of the prevention and treatment of childhood illnesses, has grown exponentially, as has the research supporting an evidence-based approach in nutrition and dietetics. So too has the awareness that fostering a healthy environment for infants and children can have an impact lasting into adolescence and adulthood. The 5th edition of the Manual of Pediatric Nutrition is a benchmark work that provides a practical basis of nutritional analysis and treatment for pediatricians, dietitians, house officers, fellows, and students. This comprehensive text breaks down the basics of nutritional assessment and reviews nutritional requirements in both sick and well children, providing updated information on the nutritional management of a wide range of pediatric clinical disorders. It also presents feeding guidelines for healthier infants, children, and adolescents. The user of this manual will find: information on nutritional requirements in the form of DRIs, dietary guidelines, and food guidance systems; appendices that provide conversion tables, information on drug nutrient interactions, and growth charts; nutritional recommendations for healthy infants and children; nutritional assessment guidelines for hospitalized children; and information on nutritional management for specific diseases.

About the AuthorKendrin Sonneville, ScD, RD, LDN, is Director of Nutrition Training, Division of Adolescent and Young Adult Medicine at Boston Children's Hospital and an Instructor at Harvard Medical School. She also serves as co-director of the Promotion Recognition Education Prevention (PREP) clinic. She has authored many health guides and blogs for teenaged girls for the Center for Young Women's Health at Boston Children's Hospital. Dr. Sonneville is the inventor of the SonneWheel, an innovative tool that calculates BMI and provides sex- and age-specific BMI percentiles for children ages 2 to 20. Dr. Sonneville received her ScD from Harvard School of Public Health. Christopher Duggan, MD, MPH is Director, Clinical Nutrition Service and Associate Professor in the Department of Nutrition at Harvard Medical School. Dr. Duggan's major research interests include the nutritional management of acute and persistent diarrhea, micronutrient trials in developing countries to prevent diarrhea and respiratory infections, the definition of biomarkers of environmental enteropathy, and general aspects of energy and protein metabolism in catabolic diseases. He is a pediatric gastroenterologist and nutrition physician at Children's Hospital, Boston and Medical Director of the Center for Advanced Intestinal Rehabilitation, one of the largest centers in the US for the care of children with intestinal failure/chronic diarrhea syndromes. Dr. Duggan did his undergraduate work at Dartmouth. He received his MD at the Johns Hopkins School of Medicine and his MPH at Harvard School of Public Health.