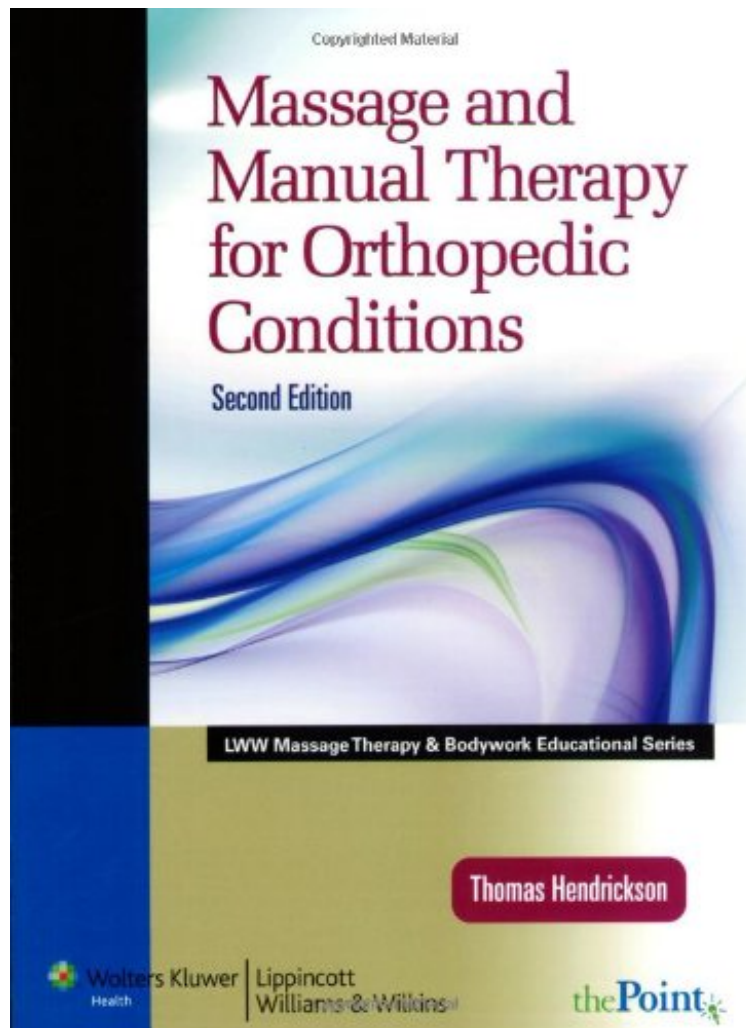


[Library ebook] Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series)

Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series)

Thomas Hendrickson DC
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#955248 in Books Lww 2009-08-28Original language:EnglishPDF # 1 10.70 x .70 x 8.30l, 2.33 #File Name: 0781795745544 pagesLww | File size: 42.Mb

Thomas Hendrickson DC : Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series):

1 of 1 people found the following review helpful. This text delivers the full introduction to Tom Hendrickson's revolutionary ...By Ken BThis text delivers the full introduction to Tom Hendrickson's revolutionary concepts of

manual therapy. I took the 200 hour course, upon which this book is based, with Tom Hendrickson years before this text became available. He graciously permitted us to record the didactic material during the class. I later played some of the tapes as I followed along in the book and realized the tapes were now uselessly redundant! Tom has included his entire 200 hour program and much, much more in this simple to follow, magnificently illustrated volume. When I purchased the first iteration of this text I thought, "Tom, you've given away all your secret moves!" Also available is the set of Instructional DVD's that accompany the text. Don't hesitate to purchase this entire set if you want a cutting edge approach to working with the human body and hope to become true healer, not just a proficient technician. It is an investment that you'll never regret.

0 of 0 people found the following review helpful. Hendrickson Method is an amazing manual therapy

By E. McClain

Dr. Hendrickson's technique is truly unique and exquisite. Using Tai Chi principles he has developed a form of manual therapy that is profound, gentle and very effective. I have had the good fortune to study with Tom and use the Hendrickson Method on probably thousands of clients since 1996. It is always effective and they all love it. The book is very clear in it's explanation of the science behind the Hendrickson Method. While one cannot learn the techniques through reading about them, the explanations of the science and of the dysfunctional patterns of injury and pain is worth reading about. If you'd like to learn about classes in Berkeley CA, Boulder CO and England visit: [...]

4 of 4 people found the following review helpful. Great Adjunct to Physical Therapy

By Stewart L. Johnson

Dr Thomas Hendrickson, DC, has published a revised, expanded edition of his excellent first book, *Massage for Orthopedic Conditions*. I must admit, that as a practicing physical therapist for thirty years, I was skeptical about his addition of "Manual Therapy" to the title. However, after perusing the book, I have to put petty turf-wars aside. Manual therapy is not the exclusive domain of the Physical Therapist, Osteopath etc. I do feel that an extensive course in anatomy (e.g., a year long course with cadaver lab) provides a far better base of knowledge than the brief education of the typical massage course. That being said, the material in the book is sound and logical, and provides the willing and astute student with an excellent adjunct to the 400 hours of training that the Hendrickson Institute offers. Dr Hendrickson's mentor, Lauren Berry, RPT was a fellow Redding resident, and I have experimented with his unwinding techniques with very good results. This is a very well written text book, with the most up to date literature and sound reasoning. It is for these reasons that I highly recommend this book for the practicing medical professional or the well trained massage therapist. Kudos to Dr Hendrickson. Stewart Johnson, PT

This book introduces massage techniques for orthopedic conditions, promoting the alignment of soft tissue relating to pain and dysfunction. An essential manual for clinical massage therapy, it contains brief descriptions of rationale behind orthopedic massage, mechanisms of injury to and repair of soft tissue, and anatomy of each body area. The Second Edition also includes detailed assessment for each body region, discusses common lesions, and provides illustrated instructions on how to administer this scientifically based style of massage. Based on traditional orthopedic assessment protocols, coverage includes range of motion, passive and isometric testing, and tests that determine the severity of a condition or injury. A companion Website includes full text online, video clips, image bank, PowerPoint slides, lesson plans, and test generator.

Beth Zullinger, NCTMB, Instructor, Berks Medical Institute, Wyomissing, PA, Beth Zullinger, NCTMB, Instructor, Berks Medical Institute, Wyomissing, PA -- "...I found the approach amazing. Everything was explained in great detail and broken down when necessary. I think the content in this book could be worthwhile to any Massage Therapist, whether they are in training or they are experienced...I think the organization and format of this text is perfect! The information flows perfect and leads you on to the next step."-Beth Zullinger, NCTMB, Instructor, Berks Medical Institute, Wyomissing, PA