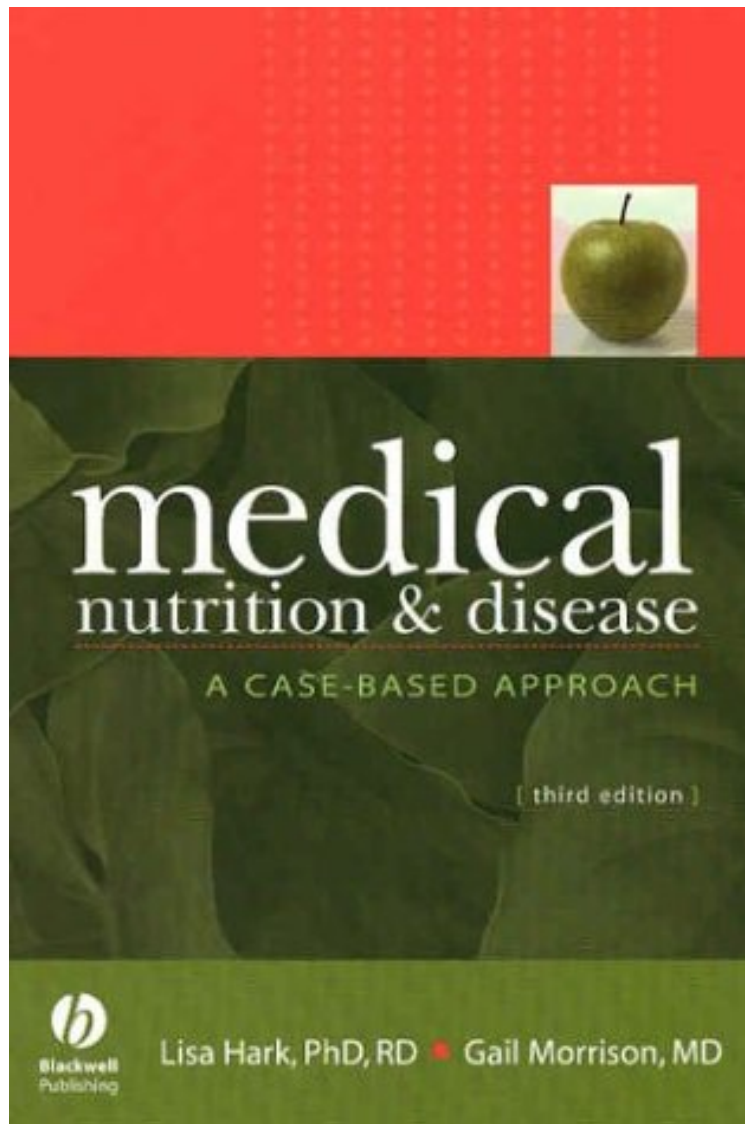


[Free read ebook] Medical Nutrition Disease: A Case-Based Approach

Medical Nutrition Disease: A Case-Based Approach

Lisa Hark, Gail Morrison

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#466270 in Books Wiley-Blackwell 2003-07-07 Original language: English PDF # 1 9.05 x .93 x 6.001, #File Name: 0632046589464 pages | File size: 27.Mb

Lisa Hark, Gail Morrison : Medical Nutrition Disease: A Case-Based Approach before purchasing it in order to gauge whether or not it would be worth my time, and all praised Medical Nutrition Disease: A Case-Based Approach:

2 of 2 people found the following review helpful. Awesome book! By padoo This is my first book review because I love this book! It's a very practical book that gives you clinical cases and explanations on what went wrong in the biochemical pathways and GI physiology behind the defects. The cases are given in the format of lab values, medical/family history, physical exams, review of systems, and patients' typical diet. Also, it gives recommendations

on supplements and diet, motivating patients to make lifestyle changes, and some interviewing skills. The book is written very smoothly (more interesting and concise than textbooks) by MDs/RDs/PhDs in addition to the primary authors, and they integrate their expertise very well in this book. Personally, I think it helps put together things taught from medical biochemistry/physiology/patient care courses (MS1). Recommended for those study medicine or nutrition whom will be working in clinical setting. 0 of 0 people found the following review helpful. Great for Dietitians who are looking for fast, inexpensive CEUs By Susan The credits available from this edition must be used by May 2009. There will be a new edition of this book shortly. By all means, get it. I am pleased with Ms. Hark's knowledge and willingness to provide this inexpensive means to earn mandatory continuing education units for dietitians (and for whomever else might benefit from medical nutrition CEUs). There is a wide variety of topics, which was enjoyable. Answers are included, in case you're wondering, but nonetheless, this will be a good reference book for later. 1 of 1 people found the following review helpful. 3 stars By Nutrition professional Some of the nutrition recommendations are a little outdated, but I like the case study approach. They could be more extensive with their suggestions.

Using a practical, integrated approach, *Medical Nutrition Disease: A Case-Based Approach*, third edition, offers a complete perspective on the increasingly important role nutrition plays in every day medical practice. Key topics include: fundamentals of nutrition assessment; vitamins, minerals and phytochemicals; herbal medicine; nutrition in pregnancy, pediatrics and geriatrics; nutritional management and the pathophysiology of diseases; and enteral and parenteral nutrition support. The updated edition also features new case studies and sections on metabolic syndrome, prevention of neural tube defects, insulin resistance in an overweight child, iron deficiency anemia, and drug-herb interactions. This edition has been updated to reflect the most current practice guidelines. Co-written by a multidisciplinary group of physicians and registered dietitians, each chapter includes cases that present relevant medical and nutritional implications of various clinical scenarios. Readers will learn how to diagnose and manage nutritional problems and answer their patients most frequently asked questions. The text also contains over 195 review questions that allow readers to test their knowledge and prepare of course, licensing, and certifying exams. Successful completion of the review questions qualifies for 35 American Dietetic Association continuing education credits. More information, including powerpoint slides to accompany the 3rd edition, can be found at <http://www.med.upenn.edu/nutrimed/mnd3.html>

From the Back Cover Using a practical, integrated approach, *Medical Nutrition Disease: A Case-Based Approach*, third edition, offers a complete perspective on the increasingly important role nutrition plays in every day medical practice. Key topics include: fundamentals of nutrition assessment; vitamins, minerals and phytochemicals; herbal medicine; nutrition in pregnancy, pediatrics and geriatrics; nutritional management and the pathophysiology of diseases; and enteral and parenteral nutrition support. The updated edition also features new case studies and sections on metabolic syndrome, prevention of neural tube defects, insulin resistance in an overweight child, iron deficiency anemia, and drug-herb interactions. This edition has been updated to reflect the most current practice guidelines. Co-written by a multidisciplinary group of physicians and registered dietitians, each chapter includes cases that present relevant medical and nutritional implications of various clinical scenarios. Readers will learn how to diagnose and manage nutritional problems and answer their patients most frequently asked questions. More information, including powerpoint slides to accompany the 3rd edition, can be found at <http://www.med.upenn.edu/nutrimed/mnd3.html>

Medical Nutrition Disease: A Case-Based Approach, third edition, can be incorporated into several basic science and clinical courses, used for a required or elective nutrition course or recommended as a self-instructional text This new edition has been updated by nationally recognized nutritionists and physicians who teach nutrition in medical schools and residency programs Chapter objectives identify important concepts and apply them to clinical practice 20 clinical cases simulate actual patient work-ups to reinforce the material and provide a practical approach to patient care 195 multiple choice review questions allow readers to test their knowledge and prepare for course, licensing, and certifying exams Successful completion of the review questions qualifies for 35 American Dietetic Association continuing professional education credits

About the Author Lisa Hark, PhD, RD, Director, Nutrition Education and Prevention Program, University of Pennsylvania School of Medicine, Philadelphia, PA, USA Gail Morrison, Vice Dean of Education, University of Pennsylvania School of Medicine, Philadelphia, PA, USA