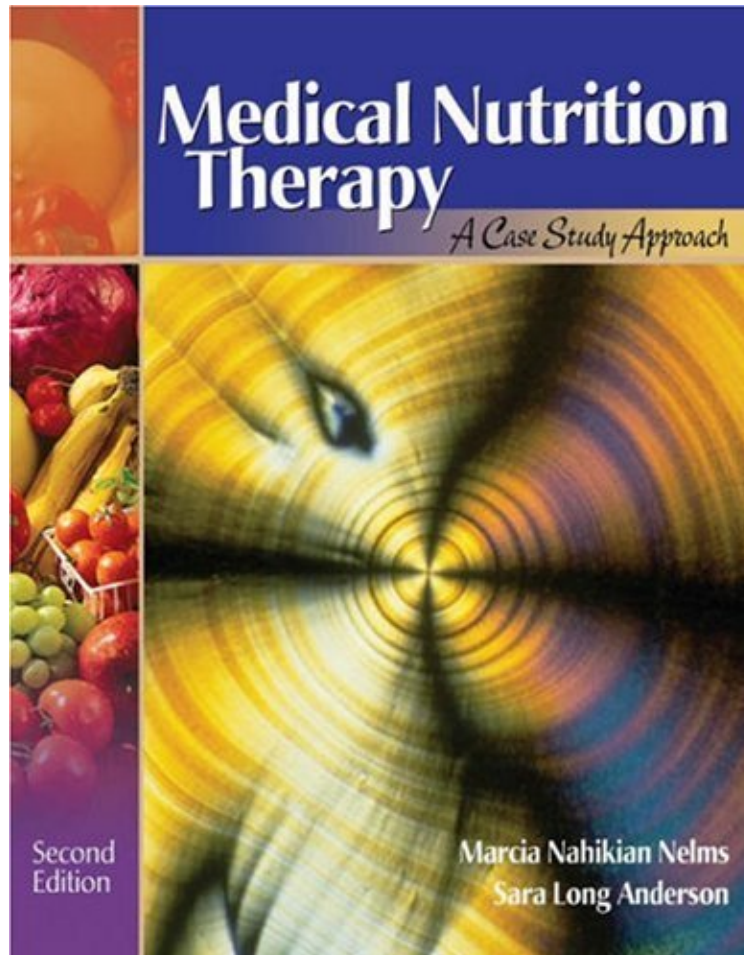


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Medical Nutrition Therapy: A Case Study Approach (with InfoTrac)

Marcia Nelms, Sara Long Roth
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This casebook is composed of 39 realistic case studies appropriate for introductory and advanced level courses in nutrition and diet therapy. Each case study uses the medical record as its structure. The student "solves the case" by using the information provided, i.e. hospital admission data, laboratory reports, and physician's narrative. The case is followed by a series of questions and applications that focus on pathophysiology, assessment, clinical, nutritional and

behavioral outcomes, interventions, and appropriate follow-up for the patient. This "real world" approach helps to prepare the student for the professional setting. Objectives for student learning within each case are built around the competencies for dietetic education as specified by the American Dietetic Association.

"It is so easy to use this text in the classroom setting. Having the cases pre-determined as introductory/advanced helped us to quickly identify the proper case for the level that our students were currently working." "Wonderful variety of case studies at various levels of difficulty." "Student feedback indicated they learned from the case studies." About the Author Dr. Nahikian-Nelms is currently a professor of clinical health and rehabilitation sciences and director of the dietetic internship in the Division of Medical Dietetics at The Ohio State University. At Ohio State, she also serves as nutrition faculty for the LEND (Leadership Education in Neurodevelopmental Disabilities) program and the Inflammatory Bowel Disease Center. She has practiced as a dietitian and public health nutritionist for over 25 years. She is the lead author for the textbooks: *Nutrition Therapy and Pathophysiology*; *Medical Nutrition Therapy: A Case Study Approach*; and *Food and Culture*. Additionally, she has contributed to the Academy of Nutrition and Dietetics Nutrition Care Manual for the sections on gastrointestinal disorders and is the author of numerous peer-reviewed journal articles and chapters for other texts. Her clinical expertise focuses on development and practice of evidence-based nutrition therapy for a variety of conditions including diabetes, gastrointestinal disease, and hematology/oncology for both pediatrics and adult populations, as well as the development of alternative teaching environments for students within their clinical training. Recently, her scholarly work has focused on the use and development of simulation activities as a component of the dietetic curriculum. Dr. Nahikian-Nelms has received the Governor's Award for Outstanding Teaching for the State of Missouri, Outstanding Dietetic Educator in Missouri and Ohio, and the PRIDE award from Southeast Missouri State University in recognition of her teaching. Dr. Nahikian-Nelms has previously served in her district and state dietetic associations as well as on the ACEND board and as a program reviewer. SARA LONG ROTH, PhD, RD, is Professor in the Department of Animal Science, Food and Nutrition and Director, Didactic Program in Dietetics at Southern Illinois University Carbondale. Prior to obtaining her PhD in health education, she practiced as a clinical dietitian for 11 years. Her specialty areas are medical nutrition therapy, nutrition education, and food and nutrition assessment. She is an active leader in national, state, and district dietetic association's where she has served in numerous elected and appointed positions, including the Commission on Accreditation of Dietetics Education, and Commission on Dietetic Registration. Dr. Long is coauthor of *Understanding Nutrition Therapy and Pathophysiology*, *Medical Nutrition Therapy: A Case Study Approach*, *Foundations and Clinical Applications of Nutrition: A Nursing Approach*, and *Essentials of Nutrition and Diet Therapy*. Dr. Long has received various awards and honors for teaching, including Outstanding Dietetic Educator (ADA) and Outstanding Educator for the College of Agricultural Sciences.