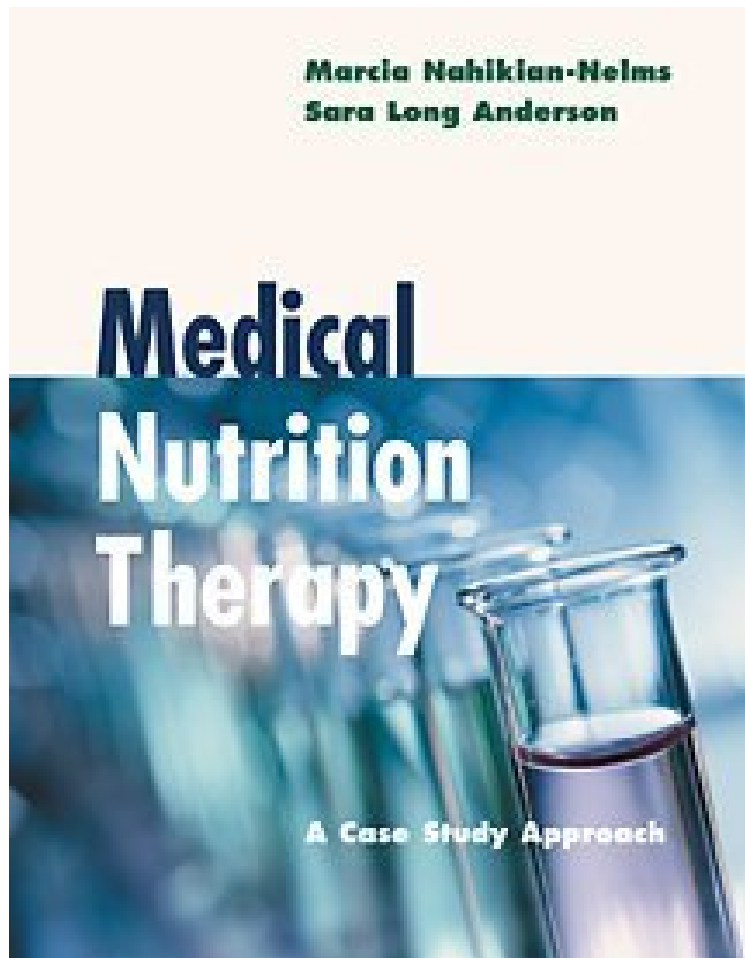


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## Medical Nutrition Therapy: A Case Study Approach

*Marcia Nahikian Nelms, Sara Long Anderson, Marcia Nahikian-Nelms*  
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**Marcia Nahikian Nelms, Sara Long Anderson, Marcia Nahikian-Nelms : Medical Nutrition Therapy: A Case Study Approach** before purchasing it in order to gage whether or not it would be worth my time, and all praised Medical Nutrition Therapy: A Case Study Approach:

This collection of realistic and varied case studies offers problem-based learning materials for the study of clinical nutrition. The text focuses on the field of medical nutrition therapy while also integrating the areas of pathophysiology, pharmacology, and general medicine. Each case study is presented as a medical record and includes a patient intake form followed by appropriate laboratory reports, a narrative giving detailed patient histories, and questions to guide the student through the medical record. Both entry level and advanced practice case studies are presented. Case study answers are located on the book's Web site.

About the Author Dr. Nahikian-Nelms is currently a professor of clinical health and rehabilitation sciences and director of the dietetic internship in the Division of Medical Dietetics at The Ohio State University. At Ohio State, she also serves as nutrition faculty for the LEND (Leadership Education in Neurodevelopmental Disabilities) program and the Inflammatory Bowel Disease Center. She has practiced as a dietitian and public health nutritionist for over 25 years. She is the lead author for the textbooks: *Nutrition Therapy and Pathophysiology*; *Medical Nutrition Therapy: A Case Study Approach*; and *Food and Culture*. Additionally, she has contributed to the Academy of Nutrition and Dietetics Nutrition Care Manual for the sections on gastrointestinal disorders and is the author of numerous peer-reviewed journal articles and chapters for other texts. Her clinical expertise focuses on development and practice of evidence-based nutrition therapy for a variety of conditions including diabetes, gastrointestinal disease, and hematology/oncology for both pediatrics and adult populations, as well as the development of alternative teaching environments for students within their clinical training. Recently, her scholarly work has focused on the use and development of simulation activities as a component of the dietetic curriculum. Dr. Nahikian-Nelms has received the Governor's Award for Outstanding Teaching for the State of Missouri, Outstanding Dietetic Educator in Missouri and Ohio, and the PRIDE award from Southeast Missouri State University in recognition of her teaching. Dr. Nahikian-Nelms has previously served in her district and state dietetic associations as well as on the ACEND board and as a program reviewer.

SARA LONG ROTH, PhD, RD, is Professor in the Department of Animal Science, Food and Nutrition and Director, Didactic Program in Dietetics at Southern Illinois University Carbondale. Prior to obtaining her PhD in health education, she practiced as a clinical dietitian for 11 years. Her specialty areas are medical nutrition therapy, nutrition education, and food and nutrition assessment. She is an active leader in national, state, and district dietetic associations where she has served in numerous elected and appointed positions, including the Commission on Accreditation of Dietetics Education, and Commission on Dietetic Registration. Dr. Long is coauthor of *Understanding Nutrition Therapy and Pathophysiology*, *Medical Nutrition Therapy: A Case Study Approach*, *Foundations and Clinical Applications of Nutrition: A Nursing Approach*, and *Essentials of Nutrition and Diet Therapy*. Dr. Long has received various awards and honors for teaching, including Outstanding Dietetic Educator (ADA) and Outstanding Educator for the College of Agricultural Sciences.